



The Valley and East Coast Voice Inc. \$1

valleyvoice.com.au

Established 1968 Vol 47.11 September 25th 2014

The deadline for 47.12 is 5pm October 6th 2014

Daylight Saving October 5th - Turn your clocks forward an hour



RiverWillow Artspace and Country Déjà vu

Story Street St Marys, more on page 12

Schools lend a hand restoring Skyline Tier

Pictured right is Cathrina Smith from St Helens District School with a lopped radiata pine

More on page 9



- Dismantling/mangling of the Tasmanian Community Fund** page 4
- New General Manager appointment for Break O'Day Council** page 6
- St Marys Football Club Reunion - 125 years on** page 14
- TasNetworks donates to St Marys community groups** page 15
- Life's Little Treasures Foundation Walk for Prems 2014** details page 16
- The 46th 'Do You Know Tasmania?'** show change of date details page 21

The Break O'Day Woodcraft Guild is proud to present 'Meet the Candidates' for the upcoming Council elections.

Venue: St Marys Town Hall

Time: 7.30

When: 11th October

Take this opportunity to meet the candidates, ask your questions and judge their suitability for your vote. It would be appreciated that all nominees who wish to attend please ring Reon or Wendy on **6372 2094**.

TasNetworks donates to St Marys community groups page 15



Adam Gillies, Yvonne Webber and Julie Gunston

- 46th 'Do You Know Tasmania?' show - September 26th 2014**
- Skyline Tier Field Day - September 28th 2014**
- St Marys Football Club Reunion meeting - October 3rd 2014**
- Meet the candidates at St Marys Town Hall - October 11th**
- Glebe Garden Visit with FVNH - October 23rd 2014**
- Walk for Prems 2014 - October 26th 2014**

Community Groups

AA St Helens (Alcoholics Anonymous) meet Wednesdays 8pm at St Paul's Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) meet Fridays 7pm at Holy Trinity. Call Mick or Shirl 6372 2909.

AI Anon St Helens (Family Group) meet 2pm Sundays at St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 / Rose on 6376 3335.

Beumaris Swap Markets are held monthly on the 1st Sundays at Beumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Call Laura on 6372 5687.

BINGO at the Cornwall Hall Mondays at 7pm, 2 jack-pots each week. All welcome.

Break O'Day Regional Arts meet monthly on the 1st Tuesday in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Michelle on 0407 046 865. e: bodregionalarts@gmail.com

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet Thursdays 5pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The **Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tuesday every month. Hall hire available, please contact Raz or Deb on 6372 2261.

East Coast Community Transport, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing and goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys. Operation Cover-up meet on the 3rd Fridays monthly from 11-2, creating quilts and knitwear for those in need locally and overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included.

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

Meals on Wheels meeting dates for 2014: 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Call Val on 6372 2762.

The St Helens Walking Group walk each Wednesday and Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

St Marys Markets are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODR Arts) on 6372 2056 or 0407 046 865.

St Marys Online Access Centre, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 11-3 weekdays and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency. contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Call Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

The next Council meeting will be held on Monday October 20th 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

Editor: Wendy Dawson
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web: valleyvoice.com.au

Advertising rates for 2014:

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted to POB 230 St Marys 7215 or emailed. For online advertising, contact the Editor.

For Sale

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Dining table in good condition. **Fishing rods**. Please ring **6372 5127** after 6pm.

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1997 VS Holden Commodore Executive auto station wagon, good condition. \$1800 ono. **0437 397 219**

Wanted

Would anyone have any old **National Geographic** magazines they don't want anymore? Trying to fill gaps in an existing collection. Call Bob on **0428 345 265** if you can help.

Bed settee, two seater. Ph **0407 944 158**

Notice to people who submit Valley Voice inclusions via email: please check your emails after you have sent your inclusions in case there are any issues that need your response. Editor.

On this day in 1237 - England and Scotland sign the Treaty of York, establishing the location of their common border.

Community Notices

The **Lions Club of St Marys Inc.** wish to advise St Marys residents that our club will be running our annual Christmas Party and Parade on December 24th, 2014.

Put your thinking caps on and help us make this the best parade and party so far. A public meeting will be held in November at a date to be advised to toss ideas around.

Ruth McGiveron, Treasurer.



The **St Marys Pacing Club** will be holding their **Annual General Meeting** on Friday October 3rd, 7pm at the club rooms.

We would like to invite members of the community to come along and join us in continuing to make our annual race day an event to be proud of. The committee members welcome everyone to come along and voice their ideas to help make the day a continued success, and a day to be enjoyed by all who attend.

A light supper will be provided following the AGM. Any enquiries please call me on 0437 742 351.

Thank you.

Craig Woods, Secretary STMPC

The results of the **Valley and East Coast Voice Inc.** Annual General Meeting are as follows:

President Ray Walker

Secretary Wendy Dawson

Treasurer Lynne Dawes

Public Officer Wendy Dawson

Committee members Keri Whit, Sonya Allison, Heather Lodge, Jill Faulkner, Wendy Brennan, Irene Smith.

St Marys Bakery will be closed from September 26th 2014 at 2pm until September 30th 2014, and re-opening on October 1st 2014 at our normal trading hours. We apologise for any inconvenience.

Evelyn McGee, proprietor St Marys Bakery



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Parliament House
Hobart 7000

Response to the 2014 Budget Proposals
The Dismantling of the Tasmanian Community Fund
September 2014

I wish to express the strongest possible objections to the proposal of the State Government as announced by the Treasurer to dismantle the Tasmanian Community Fund (TCF). I have written personally to the Treasurer regarding this ill-considered decision and I seek your support in opposing this decision in voting against any legislation that is presented to dismantle the TCF and/or the TCF Board.

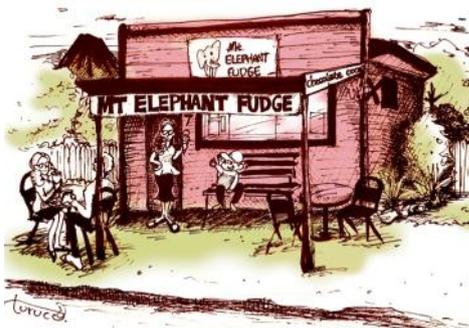
The following reasons clearly outline the reasons for my objections:

1. The TCF is held in very high esteem by the community. Over the years of its operation it has developed the reputation as a non political, philanthropic, well-managed and totally transparent organisation that empowers and energises ordinary Tasmanians to achieve extraordinary outcomes relevant to their community's special needs and aspirations.
2. By its very nature and charter the TCF offers the opportunity for a wide variety of community projects, that fall outside the funding guidelines of other programmes, to receive the support they deserve and need in order to proceed and/or operate.
3. The fact that the TCF is completely non-political encourages communities to conceive and develop projects without them being seen to fear or favour any political party or be locked into timelines parallel to the electoral cycle and thus the life of the government of the day.
4. The TCF was established with public money made available from the sale of the Trust Bank many years ago. The State Government has already received a substantial slice of that sale price with half going to reduce the state debt at that time. The current asset belongs to the community and **should not** be directed into a scheme that will potentially give the government of the day open access to promote its own agenda, reward likeminded interest groups or prop up budget shortfalls.
5. The Treasurer has informed Tasmanians that this action is necessary as a part of one of many cost cutting measures designed to eliminate expensive boards and organisations. This is **not correct** as the TCF is totally self-supporting and funded from within the Fund itself.
6. The TCF does not use any additional public funds for this purpose and therefore this action will not reap your government any savings; merely give it access to a pool of money to which it has no right.

I urge you to remove the TCF from the proposed budget savings strategy, as it clearly is not a saving: this money is not the Government's to access – the community owns it and it must continue to have independent oversight.

N.B. Will Hodgman in his media release basically tells us that for \$130,00 he is "buying" access to a community trust fund worth many millions. Not a bad deal! Why does the TCF need to be changed? It's operating in a manner trusted and respected by everyone. Hands Off! Sorry Will, this just doesn't wash with me.

Lynne Price (President, Burnie Arts Council) 36 Mawson Road, Burnie Tas. 7320
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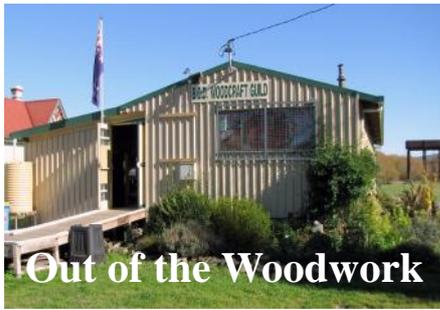
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Wendy Brennan, Secretary 6372 2094

www.breakodaywoodcraftguild.weebly.co

www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969

Thank you to the Break O'Day Council for their donation of top soil for our evolving croquet court and to all the volunteers who again got their hands dirty and helped. A special thank you to Wendy Fowler whose home made scones replenished the weary workers. We will soon be calling for expressions of interest to form teams. Stay tuned!

The community bus has been booked for the October 5th for members to go to the Rock and Rodz at Longford.

Guilds Home Hint:

To make bananas last longer pull apart from stems when placing in your fruit bowl. The stems still joined make the fruit ripen quicker.

Pictured right is a small easel made by members



The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

The Say...by Cagerattler

As most know I'm no fan of the Coalition Government in most aspects, not least on the state of our apparently dire economy but ... one thing I am very supportive of is the message they, the AFP and NSW and Queensland police have sent to the potentially murderous scum who are citizens of our great country with the arrests in the past few days. These brainwashed people take all the best of our country and then threaten to cause mayhem in return. These raids, after months of investigation and updated intelligence, have saved the lives of at least a few innocent Australians and their families that in turn would have created internal hatred in our own country for similarly peaceful and respectful Muslims ... of which the overwhelming majority are.

You'd have to be an idiot if you believed that the views of the ISIS / al-Qaeda and other extremist groups are that of the Muslim faith, as is the same with less well known but Christian fundamentalists who also don't represent Christianity as it was intended. I strongly believe that the overtly heinous criminal killings, using Western technology to showcase their acts via the internet, is deliberately done to try and undermine our society and to defecate in our own backyard - to say we can do what we want, where we want and when we want. These insanities have to be nipped in the bud but similarly with a minimum of media notoriety, as these crazies may well then claim martyrdom for the potential or actual perpetrators. It's ironic that they deny Western influence on how they live yet use such media, weaponry and other aspects for their own ends.

The extremists ultimately want us to live in fear of who will be next and nobody is safe ... something like what the Taliban have done and still do in places like Pakistan to this day. There is time to turn the other cheek but there are also times when we say to these terror cells, sleepers and supporters that we won't tolerate it and the message this government, the AFP and the NSW and Qld Police have sent isn't a bad start; digging out the rotten apples before they ruin the whole case. Good on them!

What do you think?

Rod McGiveron



General Manager Appointment

September 22nd 2014

Break O'Day Mayor Sarah Schmerl is pleased to announce the appointment of John Brown to the position of General Manager, made vacant by the departure of Des Jennings to Northern Midlands Council.

Mr Brown previously served as the General Manager of Break O'Day Council from 1993 to 2000, following the amalgamation of Fingal and Portland Councils. More recently, Mr Brown has been engaged as the CEO of the Migrant Resource Centre in Launceston, and previously as the Interim General Manager of the Tasmanian Farmers and Graziers Association, and brings the leadership skills and vision necessary for the position.

A major focus for Mr Brown will be to breathe life into the Council-commissioned Municipal Management Plan. This is a long term comprehensive plan to ensure Break O'Day is well placed to realise its vision of an active, forward-looking and well managed community, creating a unique and desirable place to live, work and visit.

Mayor Schmerl and Councillors are looking forward to working with Mr Brown who will commence his new position on October 20th 2014.

For further information please contact Mayor Sarah Schmerl on 0428 736 578.

St Marys Child Care Centre News

From the September 4th - 7th St Marys Child Care Director, Tanya Greenwood, attended the National Early Childhood Australia Conference 'Seasons for Change' in Melbourne. All NCN child care directors attended including Rebecca Barnes (from Campbell Town Early Learning Centre) and Ang Kinnersley (from Bicheno Little Penguins). We received travel scholarships and grant funding to make this wonderful opportunity possible. The conference was attended by over 1,800 educators from across Australia, and featured inspiring international and local speakers on a full range of topics relating to early childhood education and care. The conference highlighted the importance for children from 0-5years to have access to loving, low stress, safe, predictable and caring environments. This is something that, as a community, we can promote and support for all children to give them the best start in life. Some of the conference highlights included:



Friday 5 September 2014

- ◆ Local Aboriginal Elder Annette Sax's acknowledgement to country was very moving
- ◆ Michael McQueen's keynote on decoding Generation Z was fascinating, and Julie Davis later that day got everyone talking about sustainability and environmental issues.

Saturday 6 September 2014

- ◆ Anne Pelo's discussion on thinking with children rather than just teaching - promoting high quality interactions with children to explore their ideas and learning
- ◆ Sharon Lynn Kagan reminding us all that everything we do is in a framework of government policy and programs so as educators we need to work to influence decision-makers to ensure our communities and families receive the support we need.

Sunday 7 September 2014

- ◆ Dr Kristie Brandt exploring the different ways in which we understand young children's development and how important the period from conception to 3 yrs is in children's brain development. Her discussion on genetics and environment was fascinating

Tanya Greenwood, St Marys Child Care Director
St Marys Child Care Centre
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 - skilled in liaising with state and federal governments;
 - well established local and broader networks
- **Leadership, vision and integrity**
 - Responsible, well-researched decision making;
 - instilling community pride;
 - leading by example
- **Approachable and compassionate**
 - mindful of community and individual needs;
 - committed to making our municipality supportive and inclusive for all.



Vote 1:
Mayor and
Councillor

Facebook: Hannah Rubenach for Mayor
www.hannahrubenachformayor.com
hannahrubenach11@gmail.com
Ph: 0417 528 088

Authorized by: Peter Rubenach, 36 Dalmayne Rd, Gray 7215

Hannah Rubenach

I have lived at Gray, near St Marys, all of my 37 years and feel very connected to the area (being a sixth generation local); I am an advocate for protecting our local natural environment and cultural heritage. I was home-schooled with my five siblings, then went on to study at the University of Tasmania, where I completed a Bachelor of Arts (majoring in Aboriginal Studies and Sociology) and Honours in Sociology, as well as a Graduate Diploma of Science in Psychology. I also have a Certificate IV in Youth and Community Work, a Certificate 3 in Public Safety, and have completed numerous short courses/units, from Exceptional Leadership (UTAS) through to Working with the Media, and a Health and Wholeness Course.

I have worked mainly in the disability sector, with the most recent work being with people with Acquired Brain Injury. I am a strong advocate for the aged and disabled, and was the key driver for Council to adopt a Disability Action Plan.

I was elected to Break O'Day Council in 2009 then elected as Deputy Mayor in 2011. I have served as the Acting Mayor on occasion, including for two months earlier this year. In my roles on Council, I have met with politicians and government officials - both Federal and State - to lobby for community needs, such as transport arrangements, health and disability services, Esk Main Road, St Marys Pass and Georges Bay. I am the council representative on the Break O'Day Natural Resource Management sub-committee, and also a local government representative on the State Fire Commission; as the State Fire Commission's representative, I recently attended the Australasian Fire Authorities and Emergency Services Council Conference in New Zealand.

As a dedicated and passionate community-minded person, I have been a volunteer in the St Marys Fire Brigade (Third Officer), and the State Emergency Service for more than 18 years – I have attended interstate deployments, such as Queensland's cyclone Yasi, and Victoria's Black Saturday Fires. I was awarded a National Service Medal for emergency service volunteering in 2012.

I am Vice-president of the Break O'Day Regional Arts, a board member of Break O'Day Health Resource Association, an active member of Transition Break O'Day, a committee member of the North-East Tasmania Lands Trust and a member of the Break O'Day Welcome and Support Group (welcoming refugees into our community for home-stay holidays). I am actively involved in many other community groups and freely offer my advice and support for community projects. I have sung with CONCEOL (East Coast Vocal Ensemble) statewide at Festival of Voices and Celtic Force/Scottish Power events. I help to organise/co-ordinate numerous community events and activities, such as the annual Break O'Day Jane Austen Festival, the film screening of Mary Meets Mohammad and the Bushfire Awareness and Preparedness Forum.

I intermittently operate my own small business, Haven of Hope – making and selling home-made herbal products (such as soap, moisturiser and hand-knitted/crocheted clothing), potted plants, and fresh vegetables. My hobbies include bee-keeping, vegetable gardening, bushwalking, reading, sewing and designing period costumes, singing, art and craft, and I am currently learning French. I am keen to pass on any of my skills to others, and often run workshops on costume-making, soap-making and other cosmetics.

Hannah Rubenach, Gray

Schools lend a hand restoring Skyline Tier

A group of students from St Helens District School got their hands dirty at a recent field trip to Skyline Tier, felling a number of pine trees as part of the Skyline Tier Restoration Project. The project, funded by the Australian Government,



Students from St Helens District School learning how to identify Eucalypt species. Pictured (L-R) are Dylan Carey, Toby Felmingham, Riley Fisher and Carlos Attard with Todd Dudley

aims to restore 350 ha of ex-pine plantation land back to native forests and has employed 18 local people this year to carry out the work. The students learnt about the diverse number of Eucalypt species regenerating at the site, including how to identify some of the species from leaf samples. They assisted in the restoration of an area using a technique known as direct seeding, where provenance seed (seed collected from the local area) is sprinkled onto the ground following disturbance of the soil.

'The school appreciated the chance to strengthen ties with the community', said Mr Lord, a teacher from St Helens District High School. 'The day proved an excellent opportunity to get the students out in the field, involving them in some of the highly beneficial work being done in their local environment, and we hope to make the school's involvement in the project ongoing.'

The highlight of the day was felling pines at the site. Todd Dudley, Site Supervisor for the Skyline Restoration Project, demonstrated to the students how to use loppers and saws to fell the immature trees.

'You need to cut them below the level of the first green shoots so they don't regrow,' Mr Dudley explained.

Previously, students from St Marys District School visited the site, learning about the ecology of the Yarmouth Creek catchment and contributing to the restoration of the area.

For more information about the project, and to get involved, contact Environment Tasmania on 6224 6319. The next community field day will be on Sunday September 28th and includes plant identification, pine removal and a free BBQ lunch.

Article and photos by Natalie Holman, Environment Tasmania

**Janet Drummond – Vote 1 for Councillor
- Committed to community, dedicated to
progress.**

I am passionate about working with the community and this is why I am nominating for Councillor in the upcoming Local Government election. I possess strong advocacy skills supported by a background in community and policy development. I have a transparent and open decision-making style based on evidence combined with public consultation and analysis. I believe that local government can show leadership on sustainable practices that lead to a strong economy, a healthy environment and vibrant communities.

I envisage a community in which we have active participation of all, including the elderly, youth and those living with disability, whether that is physical or mental ill-health. Adequate infrastructure maintenance and ongoing improvement of streetscapes and street lighting is vital to this goal, and would assist in allowing everyone in our community to feel able to participate equally. The upkeep and improvement of roads, bridges, storm water and car parking along with other infrastructure requirements is important.

Waste management and recycling facilities are talked about frequently in our communities. An aim would be to reduce landfill, reduce tipping costs to residents and to improve on the removal of materials that could be recycled from the landfill sites.

Strong governance and policy development including pro-active asset management is important at the local government level. There are many innovative ways in which employment could be created in the area, including applying for funding through Federal government programs, to gain assistance for our youth and other unemployed to gain training and employment in this area. There are many ideas out there in the community that could feed into the local government processes when thinking about employment and training opportunities.

Local government can be involved in the resourcing of a caring community through the provision of community arts, culture and heritage projects; parks, green spaces, recreation halls and sporting facilities; these facilities would assist in creating a cohesive, healthy and functional community.

I have worked with a diverse cross section of society in many community-based roles before moving into a policy development area at the Human Rights Commission; I gained a BA in Law and a BA in Jurisprudence after wanting to be better informed to serve my client group during the mid 1990s. I believe these experiences have enhanced my appreciation of both community and individual needs.

Since moving to St Marys seven years ago with Rod, my husband of 34 years, I have been an active volunteer. I was the Understorey Network co-ordinator for five years in Break O’Day area, and attended the National Landcare Conference in Sydney (2012).

I was involved with the St Helens Healthy House and the establishment of the Get Active program in St Marys, being funded to attend the Social Determinants of Community Health National Conference in Cairns (2011) as a community representative. I served some time on the Break O’Day Regional Arts Committee and I was one of the original group of Legal Literacy Advocates trained by the Launceston Community Legal Centre and providing services at Fingal.

The promotion of public health and well being in rural areas is vitally important and I currently belong to various groups dealing with remote and rural health, both physical and mental.

Lots of people would know me as the Coordinator of the St Marys Op Shop, where I have volunteered for about the last four years; I also sit on the St Marys School Association Committee as a community member.

I will be a strong advocate for this community if you vote for me in the upcoming elections.

Janet Drummond, St Marys



In 1953 and 1954, the USA overthrew two democracies in Iran and Guatemala and installed dictatorships over bananas and oil.

Transition Break O'Day news

Transbod would like to thank:

- ◆ **Break O'Day Council** for its continuing support and assistance in enabling the continued use of facilities for local community activities and initiatives. **Special thanks to Simon Holmes** (BODC Youth Development Officer) for supporting and facilitating the TASC (Transition in Action for Sustainable Communities) groups interest in Youth Skills Building initiatives!
- ◆ **NRM North** for its terrific support and for co-sponsoring the very successful Wasp Control and 'All About Bees' events in August!
- ◆ **The Coastal Column** for continuing support and assistance in helping to inform Break O'Day residents of TransBODs local 'community building...sustainable living' initiatives!
- ◆ **Star FM** for its wonderful support in ensuring local community members hear about TransBOD's initiatives!
- ◆ **The Valley and East Coast Voice** for continued support and informing the local community of TransBOD's sustainable living and local community building initiatives!
- ◆ **St Helens District High School** for its support and use of the School kitchen!
- ◆ **St Helens Family and Child Centre** for giving us space to use for the Wasps presentation!
- ◆ **Falmouth Community Centre Committee** for its continuing support and encouragement!
- ◆ The wonderful folk who are sharing their skills, without charge, and equally wonderful TransBOD volunteers and enthusiastic local community members...all of whom contribute to creating and building the vibrant local communities in which we'd like to live!

Why Transition?

Transition is about seeing *change* as opportunity – it's about being able to look at doing things differently, and looking for opportunities presented by changing circumstances. It's about building local community strength, connectedness and resilience.

"If we plan and act early enough, and use our creativity and cooperation to unleash the genius within our local communities, we can build a future far more fulfilling and enriching, more connected to and more gentle on the Earth, than the life we have today." Rob Hopkins, co-founder Transition Towns (sourced: <http://www.transitionnetwork.org/support/what-transition-initiative;>)

Transbod diary

- ◆ September 13th 2014: Community Fire Readiness Day, St Marys Community Hall (Co-sponsored by Break O'Day Council and Tasmanian Fire Authority) All welcome.
- ◆ September 20th 2014: Budding and Grafting Field Day with Geoff Wells (Sterling Heights Vineyard). Numbers limited, tea/coffee, entry by donation. Please register at transbod@gmail.com or text Susan Probert 0418 327 940 / Geoffrey Probert 0404 800 944
- ◆ September 27th 2014: Extend the growing season with easy-to-use hinged cloches (mini poly tunnels) - ideal for back yards and small holdings. Galvanised steel, made to order; fixed or movable. Demonstration workshop at Peter and Karen O'Toole's property on Richardson Road at St Marys from 10am to 12 noon. e: transbod@gmail.com or text 0418 327 940. All Welcome, tea/coffee, gold coin donation.
- ◆ October 25th: 'Why Local Biodiversity...Is It Important?' – an informative day based at Falmouth Community Centre, with presenters Todd Dudley (Bioregional Network) and Dr. Peter McQuillan (UTAS, Hobart) along with optional field trips to Skyline Tier Restoration project at Beaumaris (guided by Todd Dudley) and Winifred Curtis Reserve (guided by Paul Frater). Co-sponsored by NRM North. Entry \$5 to help cover TransBOD costs. Details soon in Coastal Column and Valley and East Coast Voice). Drawing of Transbod raffle – 1st prize book 'Planting for Bees' by Mark Leech (approx \$65 value). Tickets sold during September and October. For info e: transbod@gmail.com
- ◆ November and December 2014: Living Sustainably...field trip and picnic (for date and details, watch this space!).

TransBOD...drawing people together to help build stronger, happier and more sustainable communities.

If you're interested in:

- ◆ sharing and learning local and traditional skills, learning how to live more sustainably, learning how to grow food, conserving, preserving, baking or making, meeting local folk... and having fun along the way
- ◆ adding your name to the list for an activity

then email transbod@gmail.com or text/phone Susan Probert 0418 327 940.

Information is also posted on www.facebook.com/TransitionBreakODay?fref=ts and online at transbod.wordpress.com/author/transbod/ (Website currently undergoing review...and a face lift!)

From 1978 to 2013, CEO compensation in the United States (inflation-adjusted) increased 937%, and the typical worker's wages rose 10%.



MICK FOR MAYOR
MICK FOR COUNCILLOR

VOTE 1

WHY?
MICHAEL TUCKER WILL REPRESENT ALL OF
BREAK O'DAY

I AM NOT A YES MAN
I WILL GET THINGS DONE

I need your No 1 vote for both Mayor
and Councillor

Authorised by John McGiveron, 11 Newman St, St Marys, Tasmania

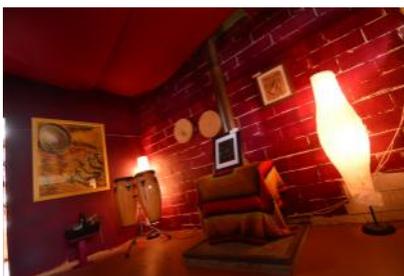
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In Stockholm, there is a speed camera lottery wherein good drivers can win money from the fines of speeding drivers.

MICK TUCKER:
Mayor and Councillor candidate for Break O'Day Council

Full Name: Michael Tucker

Age 57

Personal Details

Married 35 years to Charmaine with two children

Born in St Helens

Profession: Owner/ Manager St Helens Newsagency

Previous Career

Professional Fisherman (26 years)

Operation of fresh fish / wholesale outlet

Boat Builder (qualified wooden shipwright)

Previous Community Service

President of Tasmanian Hook Fishermans Association

Executive Board Member of Tasmanian Fishing Industry Council

Tasmanian Board Member of Commonwealth Fishing Association, SENTMAC

Executive Board Member of St Helens Chamber of Commerce

President of Tasmanian Axemen's Association

Current Community Positions

Councillor with Break O'Day Council

Public Officer / Secretary of Lotteries Association of Tasmania

Committee Member of Friends of Eddystone Lighthouse

Committee Member of Sinking of the HMAS Tobruk (dive wreck)

Committee Member of Georges Bay Barway

Committee Member of North East Axemen's Association

Organiser of St Helens Woodchopping Regatta

Personal Achievements

I have represented Tasmania in woodchopping in New Zealand and interstate. My wife and I have walked the Kokoda Track in Papua New Guinea on two occasions - the most humbling experience of my life was meeting Ovuru Indiki and Pharlea, the last two surviving Fuzzy Wuzzy Angels of the infamous Kokoda campaign in the second World War.

Why I want to be the next Break O'Day Council Mayor and Councillor

I know the economic potential of the Break O'Day Municipality; new forms of tourism investment, new nature walking trails, mountain bike trails, new eco resorts, the potential to increase dairy herds and milk production, and other agriculture potential industries. We also have additional aquaculture farming and export opportunities.

I understand the problems facing local communities

High unemployment, limited opportunities, limited Government support. The need to support all local businesses and to invest back into Break O'Day by the Break O'Day Council - this means buying local and employing local contractors where possible, becoming an employer of choice and training our youth into the workforce.

I recognise the infrastructure constraints holding back the municipality

We have totally inadequate road infrastructure. Ansons Bay Road, unsealed, is holding back dairy herds and milk production, and agriculture and tourism opportunities. St Marys Pass, Elephant Pass, Welborough Pass and the Georges Bay barway are all holding back commercial and recreational fishing opportunities, as well as the aquaculture industry and vessel maintenance opportunities. The road through the Fingal Valley is hindering potential opportunities.

I appreciate the reasons why local development has never taken off

Interstate and local investors have found the lack of a 'can do' philosophy. We need to communicate a positive approach to good development, and help from the top down to change the way we do business with investors. We need to communicate with all levels of government with adequate project briefings in order to be supportive.

What I will do for all of the residents of the Break O'Day community

I have a **Vision** which has local economic development as the key pillar to future prosperity. Focus on attracting investment and fully support the 'Municipality is Open for Business'; target the State and Commonwealth for funding of major projects such as the sealing of Ansons Bay Road; create greater community awareness of programs and projects; strengthen the management team of Break O'Day Council and increase State and Commonwealth representation to achieve additional funding for projects.

As Mayor and Councillor I wish to see Break O'Day Council leading the way across rural Tasmania with a 'can do, open for business' philosophy which will deliver new levels of investment, new job opportunities and new levels of community pride and happiness.

I have a passion for all the Break O'Day region and its residents, and I would serve all of Break O'Day and be open, honest and transparent.

Mick Tucker, St Helens

St Marys Football Club Reunion - 125 years on. Planning and show of interest meeting, October 3rd 2014 St Marys Sports Club.

Its been 25 years since the St Marys Football Club's Centenary of 1990. Expressions of interest are being sought to celebrating the great Club, it's history, it's players and it's supporters over the years by holding a reunion over the 2015 AFL Grand Final weekend.

A few ideas have been floated on Facebook and on the phone such as a get together and historical display on Friday night with a juniors and a veterans match on Saturday, before watching the AFL Grand Final on a big screen at the grounds with a band after. Activities may include displays for the children, barefoot bowls and a high tea for the oldies at the golf club also. Sunday a BBQ breakfast before farewells. This is just a few precursor ideas but it would be good to get some dedicated people together to map out a real plan.

Therefore...On 3 Oct 2014 (Friday after the 2014 AFL Grand Final) at 7pm there will be a get together of interested parties at the St Marys Sports and Social Club. If you have been involved in these kind of activities and are able to cut corners due to familiarity in planning these types of activities, please come prepared to offer assistance. We will need people who can assist with things like organising entertainment such as music, displays and children's activities. We need people who can help in fundraising, catering and assisting in organising accommodation if required.

There may be some out there proficient in accessing government grants and things like public liability insurance. Rather than a few people doing a mass of work to get this off the ground, we need a lot of people sharing the load in order to get things cracking. PLEASE put your hand up if you can help.

We have registered an email address smfcreunion@gmail.com in order to reach those non Facebook parties, so drop us a line to get on the mailing list. Alternatively go to smfcreunion.blogspot.com.au for info and register on the update list there.

Don't forget that those technophobes and "old dogs" out there will need to hear a lot of info by word of mouth so please help out there.

Look forward to seeing you at the Club.

Please feel free to contact me for any further information.

Regards,
Shea Wines
0425 437 521



Break O'Day
COUNCIL

Annual Photo Competition

Council would like the opportunity to feature your photo in our annual photo exhibition.

A selection of photos will be used for promotion of the area in the newsletter and other strategic documents

Please submit your photos and entry form to Break O'Day Council via email or CD along with your entry form.

Email entries to
simon.holmes@bodc.tas.gov.au

Prize awarded for the peoples choice award

Photos must be a minimum 1024 Pixels, landscape or portrait orientation and must be received by
5:00 pm 6th of October 2014

Leila (Margaret) Osborne, nominating for Councillor and Deputy Mayor

I have lived in Break O'Day for over 30 years and am married with five children. I contracted polio in 1953 and after many years on crutches am now in a wheelchair so I can get around more quickly and don't have to rely on my carer, husband Matt. Since my early 20s I have been involved with many community organisations for which I received an Australian Sports Medal in 2000, an Order of Australia Medal in 2004 and Australia Day Awards from both the Portland and Break O'Day Municipalities. Currently I am closely involved with tourism, Lions, netball, football and athletics.

Since 2006 I have been the President of the St Helens Hospital Auxiliary, currently raising money for a new \$10,000 Oxylog 2000 Plus Ventilator. I am also part of the planning group for the new hospital in St Helens, and when last Deputy Mayor I worked with The Break O'Day Health Resource Association and the State Health Department people to get a permanent Mental Health worker in our area. Until 2011 I worked with school leavers, advising them as to the best pathway they could follow and now it's great to see the Trade Training Centre up and running. I see my work within tourism as obtaining more jobs for these school leavers. For the past two years I have been a Board member of the East Coast Regional Tourism Organisation which has been responsible for the recent "Just Stop" campaign. Working with tourism operators has made me even more aware of the conditions of our roads into and out of our Municipality. The only way that I can see this improving is by Council lobbying our State political masters to move the upgrades of the Esk Main Rd and the St Mary's Pass forward.

On the sporting scene I am closely involved with athletics, netball and football, helping to make happen the Annual St Helens Carnival, the development of the new netball courts and the upgrade of the St Marys Football ground for the Giants and the Swans. I believe that we should keep our youth active and provide alternatives to antisocial practices such as graffiti.

I believe the important issues in Break O'Day are jobs, especially for the youth, health service delivery especially to the older members of our Community, availability of roads and sports infrastructure.

If elected I will:

- ◆ Make sure Council makes decisions that increases employment in our Municipality
- ◆ Encourage forward-planning to enable grants to be obtained from the Federal and State governments, and to increase the number of projects that Council instigate
- ◆ Continue to support the upgrading of streetscapes in St Helens, St Marys and Fingal
- ◆ Continue to listen to you, the ratepayer

I am convinced that I can achieve this because I know what works and what doesn't. With the support of like-minded Councillors I can make it happen as I am honest, independent, dedicated and approachable.

Margaret Osborne, St Helens

If you want someone on Council with



Experience, commitment, passion and common sense

Please VOTE 1

MARGARET OSBORNE
Councillor and Deputy Mayor

Authorised by Matt Osborne, 4 MacMichael Terrace, St Helens

TasNetworks donate to St Marys community groups

TasNetworks (formerly Aurora) made donations of \$1,375 each to the St Marys Community Health Centre and the Lions Club of St Marys. The donations were presented by TasNetworks' Adam Gillies to Yvonne Webber and Julie Gunston (front page) representing the Community Health Centre, and to Kevin Faulkner and Ruth McGiveron (right) representing the Lions Club.

The total of \$2,750 was an incentive bonus achieved by the TasWorks crew for their exceptional 'no lost time' accident record for the 11th consecutive year. The Lions Club and the Community Health Centre were most appreciative of the donations, and congratulated the TasWorks crew on their outstanding safety record.

Article and photos by Peter Troode





The Life's Little Treasures Foundation is Australia's leading charity dedicated to providing support, friendship and information, specifically tailored for families of children born premature or sick. The Foundation's services are available in the hospital (neonatal and special care units) and in the community when families come home. It was founded in 2005 by parents, all of whom had a sick or premature baby. They realised how important it was for families to have access to information and a community they could identify with and feel a part of - someone who understood the challenges they faced. Having a child that is sick or premature can be a very traumatic rollercoaster ride and the Foundation strives to give families the support and assistance they need.

SUNDAY 26TH OCTOBER

On the 26th October 2014, in cities all around Australia, families, friends and supporters are walking and running to raise funds for Life's Little Treasures Foundation. We would love **YOU** to pull on a pair of runners and join us! The Foundation is a vital source of information and support in hospital and in the community and helps ensure the best possible health and wellbeing of the whole family.

Grab your walking shoes, bring the kids, bikes and prams, and head over to the St Marys Pacing Club for the **2014 Walk for Prems**. Pack a picnic lunch, or purchase refreshments on the day and after the walk enjoy the family movie screening of Frozen and help raise much needed funds for the life's little treasures foundation.

Registration is \$10 for adults and \$5 for children (under 13)

FACE PAINTING

Want more info?

Contact Andrea
Davenport

6372 2366 or 0419 548 583
or follow us on Facebook
by searching

St Marys - Walk for Prems



Screening of Frozen will start at 12 noon.

Entry to the movie is by gold coin donation and children under 13 must be accompanied by an adult.

Registration starts at 10am and the walk commences at 11am.



life's little treasures
foundation

Supporting Families of Premature & Sick Babies

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**FRESH BREAD, ROLLS & BUNS,
PIES, PASTIES, CAKES,
HOT FOOD,
COFFEE, COLD DRINKS,
ICE CREAM.**

52 MAIN ST ST MARYS.

SPLASH ST MARYS

*You swill it, we fill it!
You dump it, we pump it!*

Water cartage
Septic pumping

Contact: Mick

0488 777713



NEWS FROM THE SUNCOAST GALLERY 27b Quail St St Helens

Come in and see the pretty Spring Theme we have at present.

There are unusual bags, such as a black silk fan bag, hair clips and pastel coloured scarves.

We have some lovely paintings and fine photography, you may even find a wise old owl.

Pictured are some of the enticing items, one being an exquisite beaded doll, whose maker has won many show prizes.

Article and photos by Peggy Bogar



Buried Secrets

'They reckon I killed a bloke' said Bert Hargraves.

He opened another two long-necks, handed one to me and threw the tops in the fire. I had heard that Bert was a murderer from one or two of his contemporaries. Not that there were many of them left; Bert was in his eighties and his generation was dying out fast. I had put the story down to malicious old men's gossip, with the reservation that I knew Bert was no angel, and that life was hard, rough and lawless in the timber camps where he worked in his youth.

'We was operatin' a stand mill down at Lake Leake' he related, 'and one of the blokes went missing. All the rest of the crew reckoned I murdered him and buried him in the sawdust heap.' Bert chuckled as he said this.

He was a big man, even in his declining years. His nose was broad and misshapen from being broken more than once. On the crown of his head, exposed by a receding hairline, was an irregularly shaped depression that pulsated gently, relic of a logging accident years ago that cost him a part of his skull. Also, he had the biggest hands I have ever seen. A large bottle of beer in Bert's grasp looked like a stubby, and went down as fast as one too. If appearances were anything to go by, it wasn't hard to imagine Bert as a murderer.

'I told them I didn't do it,' he continued, 'but they wouldn't believe me. They were convinced that I'd put the body in the sawdust, and the only way to shut them up was to dig up the heap and find out. Trouble was, the only way to shift the sawdust was with the bulldozer, and no-one else but me could drive it.'

'I've only just buried him, I said. I'm buggered if I'm going to dig him up again. They wouldn't let up about it, so I told them it was too late in the day, I'd do the job in the morning.'

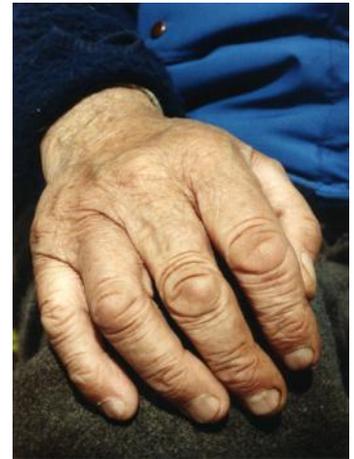
'That night after they'd all gone to bed I got an old glove and a bit of an old jacket and poked a stick up through the sleeve of the jacket and put the glove on the end of it, and buried them in the sawdust. Next morning when I started in with the dozer, it looked like this arm come up out of the heap. That bloody shook 'em, I can tell you! Anyway the bloke I was supposed to have killed turned up in Melbourne a couple of years later, so I couldn't have done him in, could I?'

Bert cracked another couple of beers and we talked about something else. I thought parts of his story were a bit thin; that trick with the glove would be lucky to work. And how did they find the bloke in Melbourne? There was no mention of police involvement.

I didn't pursue the matter, and Bert didn't elaborate, but as we drank and talked our way through the third bottle my gaze was continually drawn to those massive hands. I pictured them as fists, imagined the soft thud of powerful blows bruising flesh, shattering bone.

Bert died a couple of years ago, so I suppose the answer lies in the grave. Or maybe in the other end of the sawdust heap.

Bill Greer, Beauty Point



The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

VOTE 1

GLENN McGUINNESS



For MAYOR and Councillor

I am committed to serving all the people of Break O' Day on a full time basis as I have just retired after 31 years in business, including the past 20 years serving the whole municipality including The Valley. I am very pro-development, provided it creates jobs for our youth and is morally defensible. I also have a strong social conscience and over the years I have helped raise many thousands of dollars for causes such as Cystic Fibrosis and SIDS through the many charity auctions I have conducted. I believe I have demonstrated strong leadership skills through a number of organisations such as the St Helens and Districts Chamber of Commerce, Rotary, StarFM and in my real estate profession.

I look forward to your vote in the upcoming election.

****Remember you must vote for your preferred mayoral candidate as councillor as well in order to make sure your vote counts.**

I can be contacted on 0419 378 138 or e: gmcguinness50@gmail.com

Authorised by Dina McGuinness 7 Cray Court Binalong Bay Tasmania 7216

My name is **Glenn McGuinness** and I am a candidate for the position of Mayor for the Break O' Day Council.

I am 64 years of age and I am married to Dina, who is a strong community contributor in her own right, holding the position of Chair of the Break O'Day Business Enterprise Centre for the past three years. We have three daughters and four grandchildren, and one of my daughters, Marika, operates Coffee Away in St. Helens.

I have been a councillor for the past three years and I believe I have made a strong contribution thus far. I believe very strongly in being analytical of all issues and not jumping to populist conclusions for the sake of expediency. I am used to leadership roles, having chaired the Tasmanian Auction Chapter of the national LJ Hooker Organisation for three years. I have been president of the St. Helens and Districts Chamber of Commerce on three occasions, and Co-chairman on a further two.

I have been in business for most of my 31 years in real estate and prior to that was a supervisor of more than 100 people in the Renison Limited Concentrating Plant on Tasmania's West Coast. I really believe in looking after local businesses and employees first, but appreciate that some larger jobs have to be tendered out. However it is important that outside contractors are encouraged, through terms of tender, to employ locals where possible and to source local materials and services.

I believe very passionately in increased development in Break O' Day - not just in the area of tourism but I feel sure there are opportunities in the areas of health services, (we have one of the oldest demographics in the country), educational opportunities in research e.g. Post graduate studies in aquaculture, effects of global warming on habitation and infrastructure etc.

There are also great opportunities in manufacturing with potential to piggyback on a successful boat building industry. There is also opportunity in mining with several small operations commencing recently and plenty of scope for further exploration in the gold, coal and tin provinces known to the region.

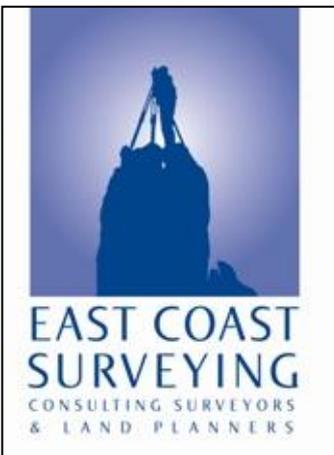
I believe we have scope for increasing our population fairly substantially, and when the large area compared to the small population is viewed against the infrastructure required to make living in our beautiful region comfortable, it can be seen that with rates alone it is a very difficult task indeed to keep everyone happy.

I really want to make a difference and I believe this will be best achieved by looking outwards, encouraging investment and growth rather than focusing inward.

Of course I cannot do this without your vote and to be Mayor I must also be voted in as Councillor.

Thank you.

Glen McGuinness, Binalong Bay



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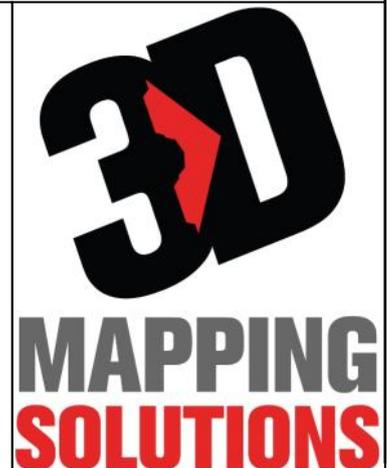
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The People Poles Project

Show your support for the Project



T- shirts \$15



Caps \$20



NOMINATE YOUR PEOPLE POLE PERSON!

We are putting together a list of the characters for our People Poles and we are looking for your ideas and input. If you would like to suggest a character please submit your suggestion using the form below or email your idea to me at peoplepolesproject@bigpond.com. We are especially interested in details of any actual historical characters from the local area and in any old photographs showing these characters.

People Poles Project

Name: _____

Contact Details

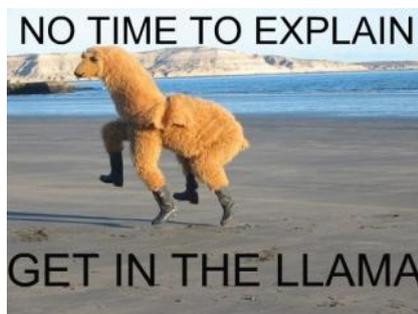
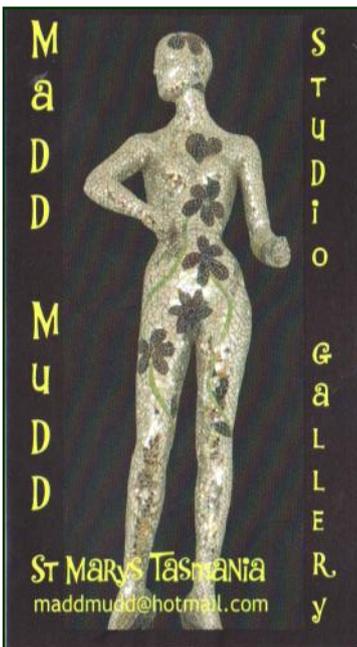
e: _____ Ph: _____

I wish to nominate the following character(s) as a suggestion for a St Marys People Pole.

Description

Supply drawing or attach photo and return completed form to People Poles Project, St Marys Post Office or leave at Gone Rustic or Madd=Mudd

Diana Foster, People Poles Coordinator, St Marys



In Japan they have square watermelons.

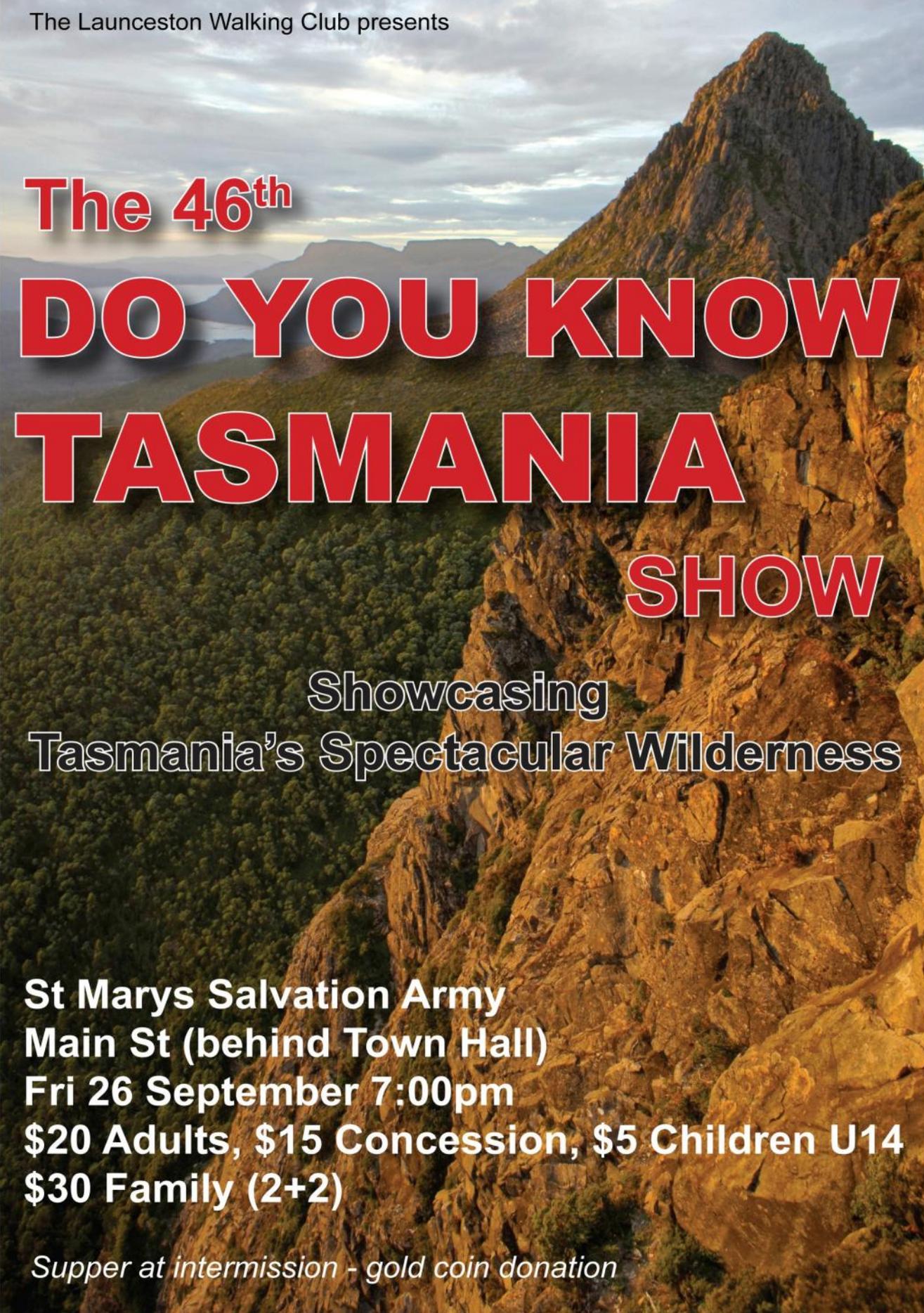
They get square watermelons by growing them inside square glass cases. That way they can fit conveniently into an overcrowded refrigerator, and you can stack things on them.

Square watermelons are expensive though (10,000 yen or about \$82), compared to regular round watermelons which cost about \$15-20 in Japan.

The square boxes they're grown in are the exact dimensions of Japanese refrigerators, which means they fit perfectly.

****Please note change of date****

The Launceston Walking Club presents



The 46th
DO YOU KNOW
TASMANIA
SHOW

Showcasing
Tasmania's Spectacular Wilderness

St Marys Salvation Army
Main St (behind Town Hall)
Fri 26 September 7:00pm
\$20 Adults, \$15 Concession, \$5 Children U14
\$30 Family (2+2)

Supper at intermission - gold coin donation



The Launceston Walking Club and the St Marys Salvation Army present The 46th Do You Know Tasmania? Show

Whether you are an ‘armchair’ bushwalker or a frequent visitor to our wild places, you’ll enjoy the Launceston Walking Club’s 46th “Do You Know Tasmania?” show which takes its audience into the rugged and remote wilderness areas of our state. “We are presenting people an experience of Tasmania’s wilderness” said DYKT committee chairman Rolfe de la Motte. “Many Tasmanians aren’t fully aware of the variety of amazing places on their doorstep, and we are hoping to surprise and inspire with the broad range of subjects in our show.”

Although mountains and islands feature as always, it’s fair to say that this year’s show contains quite a lot of water, with segments on kayaking on Macquarie Harbour, rafting the Franklin River, Lake Pedder before and after flooding, and an epic packrafting adventure on the Gordon River. This really does reflect the multi-activity nature of the Launceston Walking Club, which usually has three trips each

weekend, mostly bushwalking, but also cycling, mountain biking, kayaking, skiing and caving.

The Club’s popular wilderness slide and film shows have delighted many hundreds of Tasmanian and mainland audiences since the first public slide show in Launceston in 1955. Superb photography taken by club members on their forays into the wilder parts of Tasmania has shown our flora, fauna, and dramatic landscape at their best. This is combined with a number of films – recent films shot on lightweight DSLR and GoPro cameras, and historic films shot using weighty 16mm cameras. The shows have justly achieved a reputation for photography of the highest standard, produced with professional commentary and Hi-Fi quality stereo sound.

MOVIE COLLECTION DVD LAUNCH

This show will mark the launch of the next two DVDs Volumes 5 & 6 (in a proposed series of eight) of our digitised 16mm film collection. These movies were produced from 1964 to the 1990s as a feature for our “Do You Know Tasmania?” shows. They are now fascinating records of early bushwalking in Tasmania and show places that have changed, and walking techniques no longer accepted such as air drops and “burn, bash and bury”, cooking over campfires, and camp construction from bush materials. Early interviews with characters such as Deny King and the Willsons at Melaleuca, document practices and events that are now part of history.

DETAILED CONTENT: WHAT WILL YOU SEE?

Part 1 - 60min

Introduction and Mountains Our introduction will give you a taste of the mountainous DuCane Range as club members explore this region in the southern part of the Cradle Mountain Lake St Clair National Park.

Pick of Past Patron's Pics It has been 60 years since club Life Member and past Patron, John Miller, suggested that the Launceston Walking Club hold a Public Photo Night to help raise funds to pay off the new club transport - a lorry with bench seats and canvas cover christened “Matilda.” After strong public support for the slide nights, movies were added in the early 1960s and the name “Do You Know Tasmania?” became its permanent title. In this 46th show, we will be able to view a digitised selection of John Miller’s early Kodachrome colour slides.

“Wee Georgie Wood” This movie of Tullah’s 2’ gauge steam train records a now past era before the west coast highway was built, and Tullah’s only connection to the outside world was by foot or by the “Wee Georgie Wood” train. It is still operating as a tourist attraction, and the film is now available on our new release movie collection DVD Volume 6.

Macquarie Harbour Kayak Club member Tineke Morrison is a keen kayaker, and her explorations of Macquarie Harbour over many years have given her a love for this region, and a passion for knowing and exploring its history. She has drawn upon these trips in a variety of weather conditions to paint a personal picture of the harbour and its past.

Rafting the Franklin One of Tasmania’s iconic wilderness experiences only available to limited numbers is rafting down the Franklin River in Western Tasmania. In this video story, club member Vaughan Cruickshank takes us on a guided rafting trip down the Franklin River and shares the thrills and spills of the ride of his life.

George Perrin Comp photos There are many keen photographers in the Launceston Walking Club, and this has provided the amazing content of our 46 wilderness shows. We hold two photo competitions each year, and these are a selection from our 2013 “George Perrin Trophy” competition.

Lakes Quiz This year you will be able to see how many of Tasmania’s lakes, lagoons and still water features you recognise.

Intermission

Part 2 - 63 min

Lakes Quiz Answers Answers to our Lakes Quiz.

Schouten Island Not often visited, Schouten Island was the club’s destination for a relaxed long weekend where peaks were bagged as well as beaches. There may not have been palm trees, but the holiday mood was obvious!

“Mt Geryon” This strikingly profiled peak north of Lake St Clair was first climbed by Launceston Walking Club

members. On a return trip in 1971, 16mm movie cameras were taken as well as walking equipment to record this climb for posterity. They travel by boat along Lake St. Clair then walk up to the Labyrinth where camp is made. The next morning the group splits into two parties to climb both peaks of Mt Geryon. Spectacular views were the reward for their efforts in the clear summer weather. This film is now available on our new release Movie collection DVD Volume 5.

Lake Pedder Then and Now By the summer of 1973, the flooding of the original Lake Pedder was complete. 40 years later we are able to reflect upon this event and show a new generation what the original lake was like through extracts from two 8mm movies by Arnold Rowlands and Don Norton. A comparison is then made with the new lake Pedder as Tineke Morrison paddles her kayak around the outline of the old lake and we can get a feel for the changes that resulted.

Matt & John's Gordon Gorge Packrafting trip A highlight of recent shows has been Matt Brain and John McLaine's extreme packrafting journeys into the south west wilderness, and then telling their video stories in their own words. This time they decided to do a circuit that allowed them to ride the waters of the Gordon River Gorge, walk back over the Denison Range, cross Lake Rhona, then packraft back to their starting point on the Gordon River.

Conclusion and credits - Tasman Island Remote Tasman Island is probably best known as one of the states weather stations, and a tracking point in the Sydney to Hobart Yacht Race each year. However it was a manned lighthouse station from 1906 to 1976 when it was automated, and the keeper's residences and outbuildings were abandoned to the elements. In 2005 a group of Wildcare Inc. members formed the group "Friends of Tasman Island," to preserve the maritime, social, and cultural history of the island, and since then have worked passionately towards the repair and preservation of the keeper's residences, maintaining fire breaks, weed control and wildlife monitoring. These photos will give you some appreciation of Tasman Island's many moods and what this group of volunteers are achieving.

What: "Do You Know Tasmania?" Wilderness Multi-media Show

When and where: 7pm Friday September 26th 2014 at the Salvation Army Hall, 23B Esk Hwy. St Marys

How much: \$15 Adults, \$10 concession, and Children \$10.

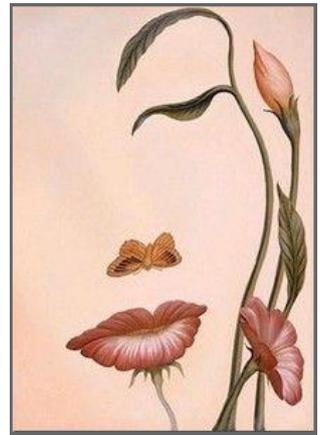
Tickets available at the door

Contacts for further information:

Melanie Norton, Salvation Army, St Marys 0409 838 816

Rolfe de la Motte, DYKT Chairman, 0409 686 911

rolfe.delamotte@gmail.com



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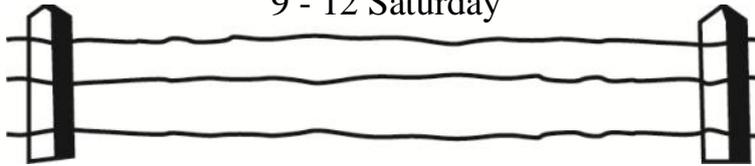
- ◆ Bags cement from \$8.50
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- ◆ Koppers logs from \$12 ea
- ◆ Gates 10ft - \$95, 12ft - \$105, 14ft - \$130
- ◆ Weed mat, Insulnet, bird-netting, poly plastic, tree guards, gardening gloves, safety glasses, potting mix, organic fertilisers and more
- ◆ Fencing wire, nuts and bolts and drill bits
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9 - 12 Saturday



A Dutch designer is working with scientist to create glow-in-the-dark trees, hoping to replace street lights.



**\$13,000 Teacup
Pomeranian**

Paris Hilton's latest pup weighs 328g, and is 6.35cm tall. Apparently she named him Mr Amazing.

A man bought a \$45 set of photograph negatives at a garage sale; they were original Ansel Adams works valued at \$200m.



Carrot, sourced from facebook (www.facebook.com/luoliveirafitness/photos/a.323007197743503.83794.21195245591366/831953523515532/?type=1&theater)

In 1847, a doctor performed an amputation in 25 seconds, operating so quickly that he accidentally amputated his assistant's fingers as well. The patient and the assistant both later died of sepsis, and a spectator reportedly died of shock, resulting in the only know procedure with a 300% mortality rate.

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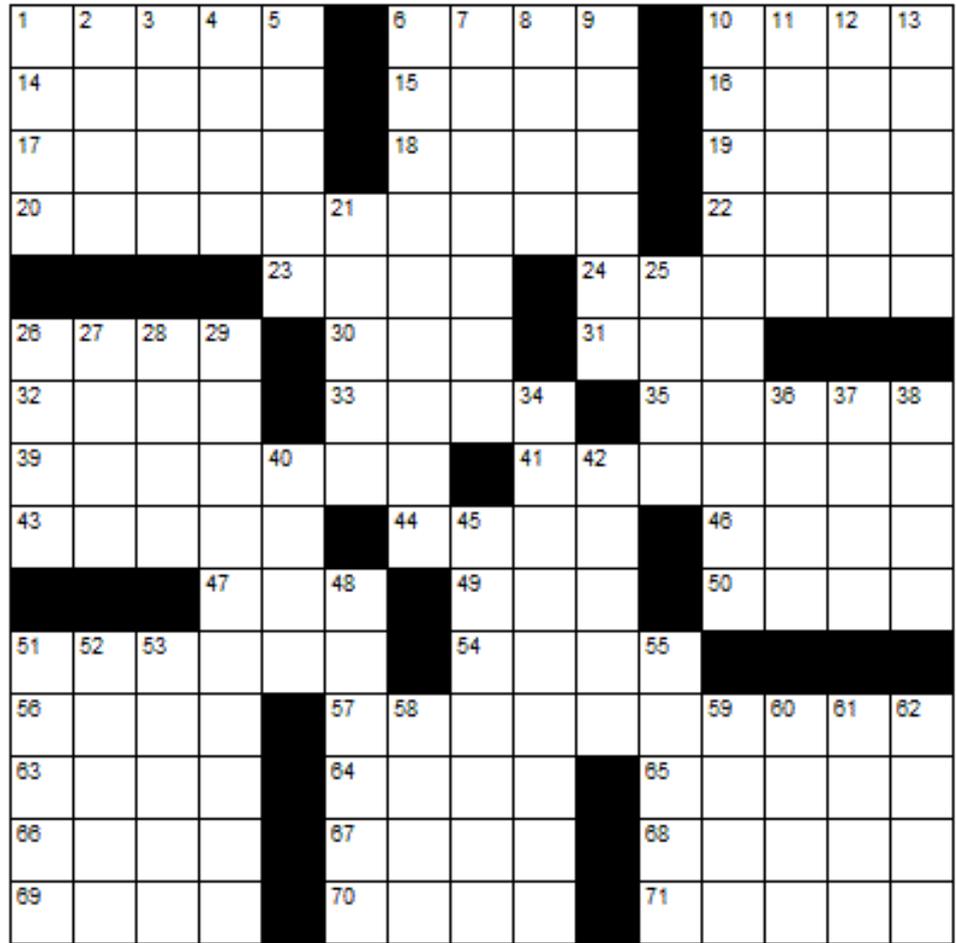
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ACROSS

- 1. Arguments
- 6. Wail
- 10. Back talk
- 14. Log home
- 15. Being
- 16. Send forth
- 17. A drama set to music
- 18. Mimics
- 19. Eat
- 20. A pungent herb
- 22. Food thickener
- 23. Nonclerical
- 24. Get
- 26. Dethrone
- 30. Explosive
- 31. Born as
- 32. Dwarf buffalo
- 33. Exam
- 35. Jittery
- 39. Urinary organs
- 41. Restoration
- 43. Statistics
- 44. Travel on water
- 46. Location
- 47. Autonomic nervous system
- 49. Wander aimlessly
- 50. Flower stalk
- 51. Protective head covering
- 54. Bit of gossip
- 56. Pearly-shelled mussel
- 57. Hard coal
- 63. List of options
- 64. Genuine
- 65. Deadly snake
- 66. Portent
- 67. Quash
- 68. Assumed name
- 69. Deliver a tirade
- 70. Biblical garden
- 71. Very slender



DOWN

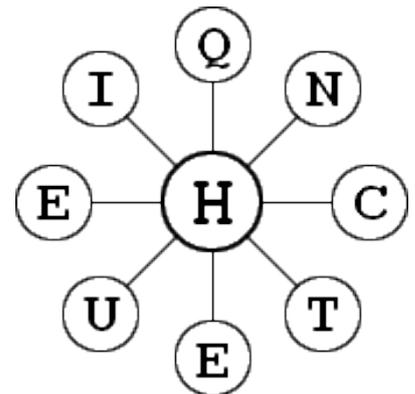
- 1. Flat-bottomed boat
- 2. Dad
- 3. Assist in crime
- 4. Rubber wheel
- 5. Entangle
- 6. Fatigue
- 7. Distinct features
- 8. Applications
- 9. A unit of instruction
- 10. Solemnity
- 11. Girlfriend (Spanish)
- 12. Egyptian peninsula
- 13. Strict
- 21. Bitchy
- 25. Legume
- 26. Trees of the genus Quercus
- 27. Module
- 28. Fizzy drink
- 29. Equivalent
- 34. Swim, run and cycle race
- 36. Blockhead
- 37. Satisfy
- 38. The original matter (cosmology)
- 40. Feudal worker
- 42. Church officer
- 45. Provoke
- 48. Go without food
- 51. The quality of being funny
- 52. Colonic
- 53. Flax fabric
- 55. Long-tailed parrot
- 58. Require
- 59. Soft drink
- 60. Nile bird
- 61. Snare
- 62. Not difficult

Solutions next issue

	2		3		4		
6			4	7		8	
		4			2		
	3		6	1	4	2	
2			3		9		5
	9		7	5	2		6
		1				4	
3			1		5		2
	7			9			5

How many words can you find? Each word must contain the central H and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?

Excellent: 24 words. Good: 18 words. Average: 15 words.



ST MARYS COMMUNITY HEALTH CENTRE

ARE YOUR DETAILS UP TO DATE?

Do you have a new address/ phone number?
Do you have a new Centrelink/ Medicare Card?

Have you updated these details at the *Health Centre*?

It is sometimes necessary for us to contact you or pass your details onto other Health Professionals and we are unable to do this if your contact details are incorrect or out of date.

You may also be charged for some medical services if your Centrelink/ Medicare Cards are not current.

If ANY of your details have changed please contact the St Marys Community Health Centre on 63722111 or come in and update them with our friendly reception staff.

WHAT'S ON AT THE CENTRE Continued...

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

2 Oct **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

Physiotherapist– Please see your GP or Health Professional for a referral to the service.

3 Oct **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments

6 Oct **Mental Health Clinician/ Case Manager**- For appointments please phone 1800 332 388 where a referral will be lodged for you.

TML Psychologist– Sam McCarthy. Please see your GP for a referral.

Hospital Auxiliary Meeting. 2:00pm in the Day Room. New faces welcome.

7 Oct **Mental Health Clinician/ Case Manager**– For appointments please phone 1800 332 388 where a referral will be lodged for you.

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

8 Oct **Mental Health Clinician/ Case Manager**– For appointments please phone 1800 332 388 where a referral will be lodged for you.

Day Centre– For details on the group please contact Hayley Gilbert 6372 2111

TAZREACH– Antenatal Clinic with Katie. For appointments please see your GP.

9 Oct **PUBLIC HOLIDAY**– Launceston Show Day
Normal doctor's surgery hours will resume on Friday 10/10/14. Please see after hours contacts numbers (on reverse of page) for contact numbers during this time.

10 Oct **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.

WHAT'S ON AT THE CENTRE

25 Sep **Australian Hearing Services**– *FREE* Hearing Screening. Phone 6372 2111 to book . Limited appointments available.

Social Worker– Shan Williams. Please phone 6372 2111 for appointments

Meals on Wheels– Appreciation Luncheon 12 noon in the Day Room

26 Sep **Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

29 Sep **Mental Health Clinician/ Case Manager**– For appointments please phone 1800 332 388 where a referral will be lodged for you.

TML Psychologist– Sam McCarthy. Please see your GP for a referral.

30 Sep **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

Mental Health Clinician/ Case Manager- For appointments please phone 1800 332 388 where a referral will be lodged for you.

1 Oct **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111

Podiatry North- For appointments please phone 6336 5155

GP NORTH DIABETIC CLINIC

Regular consults are available at the St Marys Community Health Centre with the Diabetic Educator, Dietician and Exercise Physiologist.

If you require an appointment please see your GP for a referral and TML will contact you with an appointment time.

ST MARYS COMMUNITY HEALTH CENTRE

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

DOCTORS ROSTER

Dr Cyril Latt

25/9/14—10/10/14

Dr K. Rawnsley

25/9, 30/9, 2/10, 7/10 2014

PUBLIC HOLIDAY

Thursday 9/10/14- Launceston Show Day

For appointments phone: 6372 2111

AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 25/9/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

NEW PHONE SYSTEM AT

ST MARYS COMMUNITY HEALTH CENTRE & ST HELENS HOSPITAL

The St Marys Community Health Centre and St Helens Hospital and are two of the first sites across the Primary Health Sites THO North to take on the new change on VoIP Connect V phone system as of Tuesday 9/9/14.

Both sites have new contact numbers :

St Marys Community Health Centre

NEW Phone: 638 75555 Fax: 6372 2559

St Helens District Hospital

NEW Phone: 638 75570 Fax: 6376 5210

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware scripts are **no longer able to be done over the phone.**

Fax numbers will remain the same

Thank you for your co-operation during this transition period.



INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This requires a 5 minute doctor consult.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or volunteer staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted. Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues. Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Vol 47.10 solutions.

All words: low, lowe, lower, lowlier, lwei, ow, owe, owl, pew, pillow, plew, plow, plower, pow, power, prow, prowl, row, rowel, we, weir, well, wile, will, willer, willow, willower, **WILLPOWER**, wipe, wiper, wire, wo, woe, wore, wow.

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8	4	9	7	6	5	2	3	1
3	8	5	6	1	4	7	2	9
6	1	4	9	7	2	3	5	8
7	9	2	8	5	3	1	4	6
9	2	3	4	8	6	5	1	7
4	7	8	5	2	1	6	9	3
5	6	1	3	9	7	4	8	2

B	O	D	E		M	O	N	K	S		R	I	F	T		
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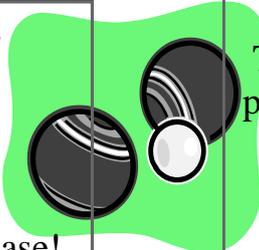
Gray Road St Marys

Opening hours: Thursday 5.30 - 7.30 Friday 5.30 - 8.30.
Sunday 1.30 - 4.30.

BOWLS NEWS

NAN STEWART ANNUAL MEMORIAL DAY

Scamander v St Marys
Sunday 28th September 2pm
at Scamander Bowls Club
Casual dress, names on board please!



Are you ready?

Thursday 25th September 5pm for
practice please! Bowls season kicks
off 4th October.

We have a bye first up and meet
St Helens at St Marys on 11th.
St Helens at home on the 11th

AFL Grand Final at the Centre from 1pm - hot lamb or chicken bread rolls
and nibbles at half time.

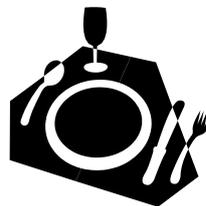
Lucky door prizes, lucky members draw all for just \$5!

NON MEMBERS MOST WELCOME



Due to the AFL Grand Final on Saturday and bowls commitments on Sunday,
the Bar will not be open on Sunday 28th

Friday 10th October
Curry scallops or bacon & scallop
kebabs plus dessert
BOOKINGS ESSENTIAL
SMS 0417 010 648
\$20 per person



Catering meeting on
Monday September 29th
at 2pm.
Committee meeting
Thursday October 2nd
at 7pm

The biggest Thank You to all the volunteers, Lions Club of St Marys and local
Artisans for assisting with the Great Escape Rally.

The evening went off a treat and we have had some terrific feed back!



President
Bobby Harwood 6372 2445

Secretary
Annette Wines 0417 010 648

Licensee/treasurer
Jim Turner 6372 2441



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Specials from 24h - 30h September 2014

<i>Butchery</i>	<i>per kg</i>
Rump steak	9.99
Lamb bbq chops	9.99
Mince	9.99
Topside beef roast	9.99
Nichols whole bird	4.99
Shelves	
So good long life 1L	1.99
Aim toothpaste 90g	1.25
Cadbury drinking choc 225g	2.45
Red Kellys dressings 250ml	2.99
Golden circle beetroot 450g	.99
AFL Grand Final Tucker	
National meat pies (frozen) 4pk	5.99
Smiths potato chips 175g	1.99
Kraft Dips 185g /chilli Philly 250g	2.99
Fountain squeezey sauce 500ml	.99
Arnotts savoy/clix/shapes 180-250g	1.99

Specials from 1st - 7th October 2014

<i>Butchery</i>	<i>per kg</i>
Porterhouse steak	15.99
Blade roast/steak	9.99
Forequarter lamb chops	9.99
Nichols chick variety cuts	3.99
Ingham chicken kebabs	1.29ea
Cool room & Freezer	
Miracle margarine 50g	1.49
Kraft cheese singles 432g	4.99
Peters light & creamy ice cream 1.8L	5.99
McCain pizza 500g	4.99
Heinz green baby beans 500g	2.25
All only \$2.99ea	
Arnotts assorted creams 500g	
Tonight simmer sauces 475-500g	
Bertolli 5 brothers pasta sauce 485 - 500g	
Duo laundry powder cleans + 1kg	
Foster Clarks snack pack 4pk	

Basic beef pot roast

- 2kg piece beef bolar blade
- Salt & ground black pepper
- 40g (2 tablespoons) butter
- 2 medium brown onions, chopped
- 1 carrot, peeled, diced
- 1 celery stick, diced
- 2 bay leaves
- 3 sprigs fresh thyme
- 125mls (1/2 cup) dry red wine
- 400g baby chat potatoes, scrubbed, halved

Rub beef all over with salt and pepper. Heat 1/2 the butter in a large heavy-based, flameproof casserole dish over medium-high heat. Add onions, carrot, celery, bay leaves and thyme. Cover and cook, stirring occasionally with a wooden spoon, for 8-10 minutes or until vegetables soften. Remove dish from heat. Heat remaining butter in a large heavy-based frying pan over high heat. Add beef and cook, turning occasionally, for 8-10 minutes or until well browned all over. It is easiest to turn the beef using 2 pairs of tongs. Remove beef from frying pan and place on top of vegetables in casserole dish. The vegetables will soften during cooking and form the basis of the sauce. Add wine to frying pan and bring to the boil over high heat. Boil, scraping base of pan with a wooden spoon to dislodge any residue, for 1 minute. Pour wine mixture into casserole dish. Cover casserole dish and bring to the boil over high heat. Reduce heat to low (move casserole dish to a smaller hot plate if possible), and cook, covered, using tongs to turn beef 3-4 times during cooking, for 2 1/4 hours. Add potatoes, cover and cook, turning beef once, for a further 45 minutes. The beef is ready when it can be easily pierced with a carving fork. Transfer beef to a chopping board ready to be carved. Cover with foil to keep warm. Remove bay leaves and stems of thyme from dish. If sauce is too thin, return dish to high heat and boil, uncovered, stirring occasionally to prevent vegetables from sticking, for 10-20 minutes or until sauce reduces and thickens. Tilt dish and use a large shallow spoon to skim excess fat from surface. Serve carved beef and vegetables with sauce drizzled over.

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COAST VOICE INC.
12 GROOM STREET
ST MARYS TAS 7215.

