The Valley & East Coast Voice

Est. 1968

Volume 45 No. 13, Thursday October 18, 2012. 50 cents

Seniors Week 2012

On Wednesday 3 October, the St Marys Day Centre attended the Break O'Day Council's invitation to a Movie Morning at the Portland Memorial Hall St Helens.

The Movie selectors did a fantastic job choosing the film 'We Bought a Zoo', and it was projected onto a big screen by Tom Busby making it 'just like the old days', and the popcorn and ice creams went down a treat during our viewing of the film.

Attendees were pleasantly surprised to find reusable water bottle on their seats as a gift from the Break O'Day Council. After the movie we all enjoyed a luncheon of hot dogs, scones and hot drinks which topped off a lovely morning with friends.

Thank you to the Break O'Day Council for your yearly invitation and effort in providing the wonderful seniors, and not so seniors of us, in our community with this recognition during Seniors Week. I know that it is greatly appreciated by many of them/us in our wonderful community.

Photo: St Marys Day Centre outside Portland Hall St Helens. (Well those of them that would let me take their picture) ***Article & Photo: Hayley Gilbert.***

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday October 29, 2012
EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre.**

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc**., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard- beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Karon: 6372 2382 / Dana: 6372 2033.**

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. $2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry **(6372 5752) (email: aulich@bigpond,com)** or Jim Haas **(6372 2127) (email: jimhaas@bigpond.com) Alternately you can check out our website :www.fingalvalleyhistory.com**

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome… If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

Break O'Day Regional Arts - General meetings held on the first Tuesday of each month at 4.p.m. at Mt Elephant Fudge shop. All welcome. **Ph: Susan 6372 2512.**

The Cornwall Community Development Group Inc welcome all interested persons to their meetings in the Cornwall Hall on the first Tuesday of each month at 6.30 p.m. **Wendy Dawson Public Officer - Ph. 0403 430 452.**

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens.
Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens
Anne or John **6376 4270** or Rose **6376 3335.**

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: **6372 2909**.

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

Scamander Garden Club meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

SHOP LOCALLY AND SAVE

Tasmania
Valleys of Adventure
AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.
WHERE: Fingal Valley Neighbourhood House
TIME: 7PM
All WELCOME.
Enquiries to the president on 63722783.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.

BINGO
at the
Cornwall hall
every Monday at 7pm.
2 Jackpots $120 & $100.
All welcome.
Money raised going to help with renovations to the hall.

SUNDAY JOY
12.30pm
this is a bring-and-share lunch followed by a great time of friendship and fellowship.

You are very welcome to join us and share our **JOY!**
phone 0409 838 816.

AGM
The St Marys Hospital Support Association Inc.,
will be holding an
Annual General Meeting
on Monday, October 22, 2012 at 7pm
in the Day Centre Room at the
St Marys Community Health Centre.
All welcome.
Len Miles, President.

St Marys Hospital Auxiliary
Meeting change
Due to long weekend the next meeting will be held on 29th October in lieu of 5th November.

For sale Classifieds Wanted

4 Draw Filing Cabinet - good con. Includes hanging files -$250. Also assortment of plain paper (A4 $4), graphed cards and small office items - too numerous to list. **Wrought Iron Wall Lights** - (7) large, fancy ornate. All good con. Some need light repair (elec fitting). $10 ea, $20 incl shade (if we can find them).
Metal Frames - (21) made from 25mm sq tube, powdercoated cream. App. 1m sq. $10 ea. **Push Bikes** - (2) ladies and gents. Very good condition. Gears/off road tyres (but have had only limited on road use). $60 ea. Both for $100. **Electric Grain Grinder** - French make. 240v reduced to 12v use. Works well. $50. The above 5 items are remnants from previous businesses. Please call for item details : **6372 2626.**

Freedom Furniture bean bag, rust-coloured suede fabric, as new $20. **Mosquito nets** - all pure cotton and as new. One QS, square with bamboo poles for hanging $100. Two SB, circular with hangers. $50 each. **Ph:6372 2686.**

Conia 32" wide screen LED TV with built in HD tuner. In good condition. $100. **Ph: 6372 2155.**

420 Ltr Westinghouse fridge,6yrs old, vgc . $300. Ph:6372 5171.

External spare wheel carrier. Suit GQ model, 1985 Nissan patrol. $350. ono **Ph: 0428 784 356**.

Meat saw, sliding bench. As new. $350.ono. **Ph: 6372 2661.**

Mixing tanks. Make your own Bio-Diesel. **Ph:6372 2107.**

WRECKING: ALL PARTS AVAILABLE.
Nissan Micra - VK Commodore wagon - Toyota Tercel 4 x 4 - XD Falcon - EA Falcon - '97 Musso 4 x 4 - '60 Series Landcruiser Diesel - '93 Pajero 4 x 4 - XF Falcon.
Mag wheels Ford - Holden. **Ph: 6372 2107.**

Cane Sun Lounges (3) - $30 ea. Good serviceable condition but minor cane work needed (cane strands avail LST). **Bread Stand on coasters** - Excellent condition. 1640mm High x 950 W x 400 D. 5 sloping wire shelves (950 x 400mm). $85. **Pidgen holes box shelf** - 1200L x 430D x200High. 10 compartments $15.
Pegboard - (qty) 870 x 625mm $8 ea, 1160 x 625mm $12 ea. Good condition. **Traffic Guard Rails** - heavy duty steel. Good condition. 2 / 2.5m long. $100 pair. **Shelving** - two heavy duty, steel single bays connected. Each bay 1800 high x 914mm wide 5 - 6 levels. Easy clip - on assembly and free standing (against wall). Metal base shelves and craftwood hight adjustable shelves (5-6 per bay, ea 914 x 500 x18mm) - $175. **Pallet Truck (BT Lifter)** - narrow tynes. Roll 20mm steel strapping, box clips, 2 / strapping stands, 2 sets tensioners & clamps. All good condition $400 the lot. (Will separate -P/truck $400, rest $70.) **Ph: 6372 2626.**

QUILTING MACHINE FOR SALE - Husqvarna short arm quilting machine system; handles up to king size quilts; includes large sewing machine and complete frame with rollers and carriage, plus laser light to follow pantographs. Can be operated free style or be used as a stand alone sewing machine, with large clear 'table' attachment. Complete set of pantographs included, plus DVD on how to put it all together, instruction manual and bonus book. Like new; hardly been used. Paid $3900; willing to let it go for $3000. Contact Rita Summers on **03 6372 2724 or 0417 027 424.**

TABLE LOOM FOR SALE - surplus to requirements; would like to find a good home for it! Made of timber and is a lovely piece of equipment. Any reasonable offers considered; paid $250 for it origi-

Frozen raspberries for sale 10 dollars /kg . Ideal for jams, cakes and puddings.
Raspberry canes with good roots $1 each.
Ph: Jack 6372 2034.

Wanted
Purchase or hire. Baby cot or portacot with mattress. Needed from 20th Dec to 2nd January.
Phone Jan 0487 496 606

Wanted
Purchase or hire. Baby car seat suitable for 5 month old baby. Must meet safety standards. Needed from 20th Dec to 2nd January.
Phone Jan 0487 496 606

Work wanted
Experienced house cleaning lady. $16 phr.
Ph: 6372 2814.

Work wanted
Gardening and odd jobs. $15 phr.
Ph: 6372 2814.

Give away
Kleenmaid front-loading washing machine, 5kg size, water-efficient, goes okay. Phone 6372 2686.

Wanted to buy
Mountain bike in good condition
Up to $600
Ph 0437 227 123

WANTED TO BUY
CHEAP CARAVAN. **PH: 0429 301 140.**

Wanted - 2 males (14 - 17yrs approx) for casual w/end work. Must be used to outdoors work. Transport arranged. **Ph: 6372 2626.**

Wheat for sale. 20kg bags, $10. 20kg pig grower mix $16. 20kg crushed layer & chick mix. $16. 20kg bags crushed wheat, $15. **Contact Jason: 0419 514 947.**

Orders taken for Sheep Poo - for the Scouts.
$5 a bag. **0412 803 027.**

"Moo-Poo". Finely screened. Any quantity. See Norm. **Ph: 6372 2380. Now doing mint mulch.**

Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.

Garden mulch, in big round bales. (wheat straw, weed free) $60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.

Frozen blueberries - $11 kilo **Phone 6372 2341.**

Fingal Valley Meals on Wheels will be holding their Annual General Meeting at the St Marys Community Health Centre Day Room on Thursday October 11, 2012, Lundy Vosper. (Sec)

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Letter to the Editor

Vol. 45 No 13, October 18, 2012

Dear Editor,

I welcome the possibility of the China Investment Corporation investing in the Van Diemen Land Company – a company that is already 98% foreign owned.

The dairy industry is a beacon of hope for Tasmania at a time when the Labor-Greens have destroyed our forest industry, and when so many other sectors are doing it tough, especially manufacturing and processing.

Foreign investment will surely be needed to help Tasmania achieve its potential in the dairy sector – it has been conservatively estimated by Dairy TAS that we need 65,000 more cows and 450 more jobs to meet demand, not to mention $650 million to fill the new factories.

Very few Australian investors are prepared to accept long term capital gain as a basis for investment, further underscoring the need to look abroad for investors who have the capacity to wait for a return.

The Coalition unambiguously supports foreign investment and has recently released a discussion paper on the subject, designed to promote economic growth and ensure greater community confidence in foreign investment that is in the national interest, including a register of agricultural land owned by foreign investors.

The knee-jerk opposition of the Greens to the proposed Chinese investment in a company that is already effectively foreign owned reinforces that they will always find a way to oppose anything – even growing our dairy industry.

Eric Hutchinson
Federal Liberal candidate for Lyons
0447 777 251.

There has been many rumours circulating in St Marys regarding insurance premiums rising if we retain angle parking.

I spent the better part of last Friday contacting five of our major car insurers and the censuses of those contacted was as follows:-

A car by it's nature can travel to locations far and wide and on roads that are unsealed, sealed, highways, country roads etc. They can be parked in official angle parking zones, car parks, streets, etc.

Whether a particular locality has angle parking or not has no bearing on the premium charged.

Hopefully, this will dispel incorrect information. If you wish you can contact car insurers to verify this.

I have done this research and published this letter not as a spokesman for the council but following up resident's concerns.

Regards,
Cllr Reon Johns.

Greater Esk Tourism photographic completion finalist's photos are on display at Purple Possum, awaiting viewer's votes. Call in anytime in the month of October to view the excellent photographs and cast your vote.

Editor, Valley Voice,

I believe everyone agrees that the footpath and curb and guttering on the Southern side of Main Street, St Marys, needs improvement.

Unfortunately the grant council is seeking/needs, requires the approval of DIER.

It was put forward at the Streetscape meeting that this town cannot afford to lose ANY on street parking.

I have a feeling that this will be ignored by DIER (who had no representative at the meeting) and Council members.

In the future it will be interesting to see if you can fit twenty seven (27) vehicles in the hall car park, for that was the General manager's reply on where the vehicles forced off the street are to park. (Christmas Eve 2011: there were 33 cars parked on the southern side of Main Street, 24 on the Northern side and 8 in the hall car park) (a few more than the "5 or 6" Mr Coombe from DIER has ever seen parked in the street).

The plans presented are to improve pedestrian safety; they will increase the number of pedestrians by at least ninety three a week (count done during non peak day and time of year (August/September) by requiring motorists that currently park on the Southern side of the street to the Northern side, to find a place to park.

A request to Council for it to do a full parking survey, during a peak period, has received no reply.

So residents of St Marys and surrounds, if blind bureaucracy wins, start practicing your reverse parking and purchase some good walking shoes.

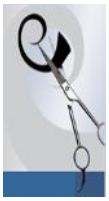
"Politicians didn't really care much about what something did, but they cared a great deal what it appeared to do."

"Quote – Tom Clancy."

David Watkins.

Better believe this one!!

My wife sat down on the couch next to me as I was flipping the channels.
She asked, 'What's on TV?'
I said, 'Dust'.
And then the fight started.



Ana's Hairdressing Salon

Main Street, St Marys

Open every Tuesday & Wednesday 9am

Bringing 22 years experience

For all your cuts, colours, perms, sets.

Phone: 0448 532 531 On Tuesdays, Wednesdays, & most Thursdays, or just call in.

Or phone (H) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

Have a flower forever.
Beautiful glass flowers.
On sale now.

New stock of blow dryers just arrived.

NEW GIFTS ARRIVING - COME AND HAVE A LOOK. ALL PURCHASES WILL BE GIFT WRAPPED IF REQUIRED.

LEAVER'S DINNER APPOINTMENTS NOW BEING MADE. GREAT SELECTION OF LEAVER'S DINNER JEWELLERY, REASONABLY PRICED.

Ana wishes to advise clients that she is still doing her ***Mobile Hairdressing.*** *Further to this the salon will be* ***open for business each Market Saturday.***

UFO DISPLAY (unfinished object) - come and see some UFO's completedby the Rustic ragamuffins stitching group.
ALSO an exhibition of **TASMANIAN SCENIC ART PHOTOGRAPHY** by Jessica Turale and James Brewer (sponsored by Break O'Day Regional Arts)
Official launch for both exhibitions:
Coffee and cake @ 3 pm, Friday 9 Nov @ Gone Rustic Entry fee - $5 or a plate of cake to share; filtered coffee and a variety of teas (inc. herbal) will be available RSVP – 03 6372 2724 or 0417 027 424 (by/on Tues 6

TRUE NATURE - an exhibition by Break O'Day textile artist Beth Verschoyle will be launched at *12 noon* on *Saturday 29 September* at *Gone Rustic Studio and Gallery, 37 Main Street, St Marys* (phone - 03 6372 2724). Entry is free, but please bring a plate of finger food to share for lunch (tea and coffee provided). **ALL WELCOME!**

RINGAROOMA SCHOOL & DISTRICT SHOW

Saturday 10th November - Gates Open 8:00am

The Ringarooma School & District Show is in its 80th year and continues to be a great family day out with entertainment for all ages and a fantastic community event.

Displays include photography, needlework and craft, cooking, horticulture, floral art children's writing, technology and art work, pets, horses, calves, and wood chopping.

Entertainment includes Music, Slot cars, Lions Hurdy Gurdy, Giant pirate slide, Jumping Castle and Jousting Ride. Take a wander and appreciate some wonderful historical cars and bikes, farm machinery and working dog displays and other demonstrations.

Delicious food from the School Association with hot spuds, sandwiches, rolls, chips and drinks and their famous donuts. Also available BBQ, coffee van and ice-cream vendor.

To be part of the talent displayed by our community get your copy of the Schedule and Entry forms from the school, post office or online by typing ringarooma.tco.asn.au into your browser and follow the links.

Come along, celebrate and enjoy a day in the gorgeous grounds of the Ringarooma Primary School. Entry fees are $10 adults, $6 concession, School Children free. Horse Events entry $25 per horse/rider combination.

WHOLEFOODS PURPLE POSSUM CAFÉ · ESPRESSO

Baking a Chrissie cake or making a pudding? See us now!

With Christmas less than ten weeks away, you don't want to run out of time to bake that perfect cake or pudding. So pop into Purple Possum with your list of ingredients and we'll put it together on the spot or have it ready for you to pick up later.

Alternatively you can phone your order through and collect it when you're next in town. We'll even home deliver! With the Purple Possum's reputation for quality you know you'll get the best ingredients – and in exactly the quantity you need so there's no wastage. And your family will love you for those delicious, rich cakes and puddings!

Purple Possum

Wholefoods & Café

Continuing the story from 3 local girls on their working holiday in Canada...
Allie Fern and Emma.

We thought we had better send a few photos to show you the 'Outpost at Warden Rock' and everything we have been up to in the last month. It has been quite an adventure and an experience we will not forgot for a life time.

We met Julie on the Friday at 11:00 to start our adventure. She drives a large truck and all our belongings were packed into the tray.

There was another WWOOfer who came with us that day. A 35 year old woman from Germany, named Eva. Her English was not perfect, but we could understand her. (the WWOOFing program 'Willing Workers on Organic Farms' is a world wide project which allows workers to have an un-paid job, and being given room and food, therefore not having to spend their savings.)

The drive from Banff to The Big Horn took 3½ hrs. The Big Horn is a camping ground for the many horse lovers in the area. At the Big Horn we met Tim, the owner, worker and everything to do with the ranch guy, a jack of all trades. We spent most of our time at the ranch with Tim, (Tim 1). We also got to meet Denis who dropped in a few times over the month. He is quite the joker. From the Big horn we had to travel by wagon to the Outpost, a wagon pulled by two horses named Teddy and Jigs, they were draft horses. It was another two hours by wagon before we arrived at the ranch and it was already nearly dark when got there.

We met the other WWOOFer on the way, also from Germany, named Andrea and the third WWOOFer was named Hannah and she was from Switzerland. Hannah was the same age as us and we all got along really well. That made 6 Woofers, and it was safe to say that many hands do make light work. Tim didn't muck around either, we were straight into shovelling horse poo and unpacking the large amount of food Julie brought in with her. We stored most food in the root cellar, like an underground fridge.

The first night was nearly at an end. Fern, Emma and I were in a cabin together, named "War Party". It had three single beds. The next month flew past and we were leaving before we knew it, back to civilisation, but that month was amazing, filled with hard work, amazing people and beautiful scenery. We were located in the Rocky Mountains, so picture perfect everywhere you looked. We were blessed with amazing weather that included the snow we got to see on the mountains frequently, but the sun still shone.

Every day there was something different to do, fix or make, and Tim kept us busy. Each morning we did our chores, so shovelling poo, feeding hay and grain to the horses, then off to make breakfast and do dishes. Some of the many things we achieved while at the Outpost were painting the kitchen and the running gear that they used to hauled hay. That didn't include the 180 square bales that we also had to haul (Sore fingers after that day). We spent full days building and completing the helipad and two horse shelters, long days and heavy lifting were involved. We also chopped wood, dug holes, put in posts and cleaned and cleaned from the outhouses (long drops), cabins, water tanks, horses, running gear, stage coach, the kitchen and everything in between. We enjoyed driving the tractor though, but along with that we had to grease and service it regularly.

When guests came in we got to meet Tim 2, he took the guests on their horse rides through the mountain, and Tim also spent time there just helping out. Along with the hard work we did enjoy ourselves regularly, everyone had a good sense of humor and we had fun razzing people up.

Moments never to be forgotten… travelling with amazing friends and enjoying so many laughs and happy memories together. Sitting in the hot tub of a night, with the only sounds you can hear are the running water of the river and the occasional noises from the horses, while looking up at the beautiful stars and being surrounded by mountains, while the full moon lights the whole place bringing it to life. But the most amazing moment of our adventure was meeting Wayne the helicopter pilot, who came to visit his friend Tim every now and then and brought **ice-cream** with him every time! What a treat, as we had no electricity. He took us up in his helicopter for a bird's eye view of the place we helped build and maintain during our stay as well as the view of the beautiful mountains below that stretched as far as the eye could see. During our stay we met so many amazing people that offered their help without even being asked.

We did have a few ups and downs, but overall ,what an adventure and an experience of a life time. We were surprised as to how much we didn't miss our phones or Facebook and it was great to get away from technology and really soak up our surroundings, we had plenty of time to think that's for sure. I think of all the technology we missed our music most of all, the iPod battery didn't last long.

We are glad we are back in civilisation so we can share our experience with you all.

Local Girls Canadian Adventure

St.Marys Sports & Social Club

PRESENTS:

A Great Aussie Bush Tucker Night With Diesel
Saturday the 20th of October at 5:30pm

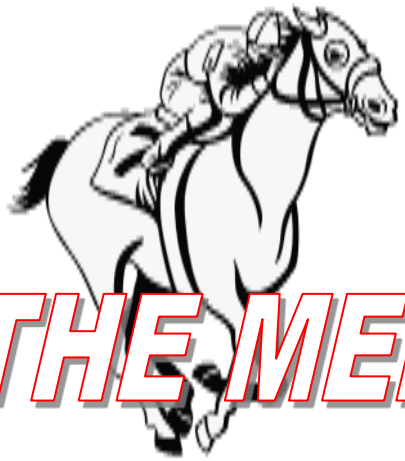
Just $15 per person

Your Choice of Our Exclusive Menu:

Road Kill Rissoles
Bambi Bangers
Skippy Tokyo
On Either Fried Rice or Mash

Then Pudd'n
(Choice of Two Desserts)

We Request That You Please Book Ahead by Ringing St.Marys Supermarket 6372 2240, Jim Turner 6372 2441 or Put Your Name Down At the Club.



THE MELBOURNE CUP

St.Marys Sports & Social Club In Conjunction With:
The St Marys Lions Club

Presents:

The Melbourne Cup Luncheon At The Centre on Tuesday 6th November Commencing at 11:00am.

There Will Be Prizes for Best Dressed Male, Female & Couple
Lucky Door Prize, Along With Raffles, Sweeps & Much More.

You Will Be Served a 3 Course Meal
Soup – Chicken, Ham & Salad – Dessert

Cost $20 per Person

Please Book In Advance As We Are Limited to Seat 60, First In Sits Down.
Bookings With: St Marys IGA 63722240
Jim Turner 63722441 or at the Centre 63722177

Come Along and Share a Great Meal, Company and Maybe Top the Day Off By Winning a Prize!

The Say Cagerattler

A Day at Mathinna Beach.

The title might sound a bit strange but it's true. The only thing missing was waves washing around the place. On Launceston Show public holiday Thursday, some good friends, Wayne, Angela, Ben, Daniel and Clare Bishop invited me up to Mathinna to explore the old workings of the Golden Gate Gold Mine. It was absolutely fascinating, scary, mystifying and inspiring, all at one time.

We went to the 'beach' nearly last thing, after exploring about a dozen tunnels and shafts for a few hours beforehand, with a terrific lunch break in between. The Bishop's do a great Barbie, let me tell you, and also build a beaut house style.

I had no idea there was so much to see with one of Tasmania's and indeed Australia's most successful gold mines, that produced more than seven tonnes of gold in it's lifetime. Some say there is still a lot more way down in the quartz yet. I wouldn't doubt that for a second. Angela picked up a quartz stone about the size of a walnut and found tiny flecks of gold as a point of interest. Mind you, you would need to crush a lot of rock to find even one ounce (about $1100 worth) of gold.

Some still pan the creek beds and find little bits of gold from time to time that way though. As recently as the mid 1990s a Russian interest was mining again. It didn't get too far, but there is always possibilities of future commercial mining as some exploratory holes suggest.

Of the old workings we visited, too numerous to mention individually. it was truly incredible that the tunnels and shafts were literally hewn for the most part by pick and shovel into solid mudstone and quartz rock over several decades from the mid to late 19th century to well into the 20th century.

Mathinna was at one time Tasmania's third largest town, and in it's heyday with over 5000 residents.

Wayne and Angela mentioned that one shaft was supposed to go down around 2000ft and side tunnels branched off it, so it's mind boggling to think that way down there exists a maze of tunnels. We went to another shaft on the surface that scared me witless when it was demonstrated how far down it was. We picked up a small bough and threw it into the abyss and for at least 9-10 seconds you could hear it bouncing it's endless way down the shaft as it crashed against the sheer rock walls. Wayne estimated it to be well over 900ft deep. I wonder how many native animal skeletons you'd find down there who had accidentally bounced in it over the years, hopefully no other remains either. Another shaft was full of water and it's depth was also incredible.

The 'beach' was actually fully crushed down rock, into silica sized grains which was so fine it resembled real beach sand, without the salt. I couldn't get over it, to be honest. It went for at least 5-600 metres just like a real secluded beach somewhere. We found century old pipes still intact, and many remnants of old equipment, and visited the site of the original dam that was washed away during the horrific 1929 floods. We missed the guarding tiger snake on one bank top this time too.

The over-riding thing for me on the day though was the sheer, massive and brave work that these early gold miners did to find this elusive precious mineral that most covet. Can you imagine the risks and rewards involved? I sure can now, and I thank the Bishop family for a great day. For all sorts of reasons, not least safety around old workings. I'd make certain that anyone else visiting similar places that you only do it with people who have intimate knowledge of the area and can 'spot' for you all the time. Knowledge and safety are paramount and **NEVER do it on your own.**

With new exploration going on with Beaconsfield Gold who have access and involvement all over the place I wonder if the Golden Gate might one day again be a viable option to start looking for commercial quantity yellow metal again. Who knows.

What do you think?… ***(Column by Rod McGiveron)***

Local Educators present workshop at National Early Childhood Australia Conference

On the 3rd October Tanya Greenwood (Director St Marys Child Care) and Cathy Parker (Coordinator Building Blocks) headed over to Perth W.A to attend the biannual Early Childhood Australia conference. We had been invited to present a short workshop as part of the conference program on "Supportive Partnerships: Cohesive and Cooperative Early Childhood Programs in the Fingal Valley" – the project we facilitated in conjunction with Rachel Woods (Tasmania Skills Institute) in 2011.

The conference themes were networking, sustainability, engagement and wellbeing with highlights including international speakers. Current Australian research on best practice was presented, with around 180 workshops and keynote lectures on offer. 'Breakfast with the Stars" session was also attended in Kings Park the Saturday morning. We felt very privileged to represent our community in such a fantastic setting.

A key message of the conference was the importance of the home environment in promoting children's social and emotional well-being, as well as their achievements later in formal schooling settings. Attending quality child care setting regularly from aged 2 years was also associated with improved outcomes.

Families with children aged 0-3yrs can improve outcomes for their children by:

- Reading to children at home
- Teaching songs and nursery rhymes
- Painting and drawing
- Take their child to the library

For social development – create regular opportunities for play with friends at sessions like playgroup, Launching into Learning, Building Blocks or informally e.g. at the park or beach.

We hope to use the knowledge we have gained to enhance our programs to ensure that children and their families in our area have access to the best possible education and care settings.

Pictures from the Perth child care centres that Tanya visited – including one with a pet pig!

St Marys Pacing Club

Hello all, The St Marys Pacing Club held its Annual General Meeting on Friday 28th September at the committee rooms. Thankfully it was well attended by past committee members who are looking forward to this year's meeting on New Year's Day.

The executive committee that was nominated and accepted the positions are as follows: **Chairman, Mr Don Woods, Deputy Chairman, Mr Russell Barr, President, Mr Michael Hall, Vice President, Mr Allister Woods, Secretary, Mr Craig Woods, Treasurer, Mrs Karon Brown.** All past committee members put their hands up once again to fulfil the many jobs and tasks required to make the race day the success it always is.

This year's race day will be an even bigger challenge to organise, with the resignation of our respected, hard working, loyal Secretary, Mr Eric Bean and his lovely wife Claire, after 47 years in the job. Thankfully for us all, they will both still be an active part of our club, to help us prepare for race day. We would like to thank them and their families, for their contributions towards the St Marys Pacing Club, a truly fantastic effort.

The next committee meeting will be held on the 19th October at 7pm at the committee rooms under the grandstand. To anyone who would like to join our committee, please feel welcome to come along and voice any new ideas into how to make our day go forward and grow into another successful day our communities can once again be proud to be a part of.

If anyone would like any further information about our club or wish to forward any new ideas to our committee meeting, please feel free to contact **Craig Woods on Ph: 6374 2381 or email: zugylarry@yahoo.com.au**

OUT OF THE WOODWORK

SECRETARY, WENDY BRENNAN 6372 2094

Guild members have asked me to express a sincere thank you to **Tracy Macdonald** who has been instrumental in designing the Guild's Webpage. Tracy put many hours into helping with the design and her excellent teaching manner gave me the confidence to be less tentative when downloading updates etc. Therefore, drum role please... and with no further ado I introduce our official site.

www.breakodaywoodcraftguild.weebly.com

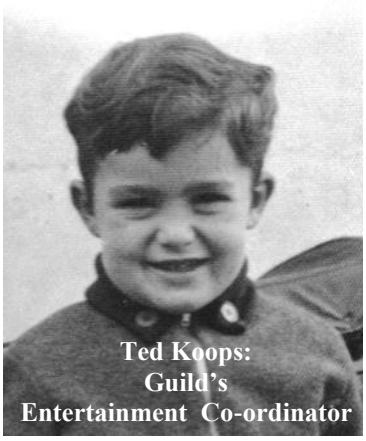
Sam and Jean Louis with Noah

Members would like to give a warm welcome to our new members Sam and Jean Louis and their delightful young son Noah. The family has recently located to Fingal and for all you linguists out there... Jean speaks fluent French.

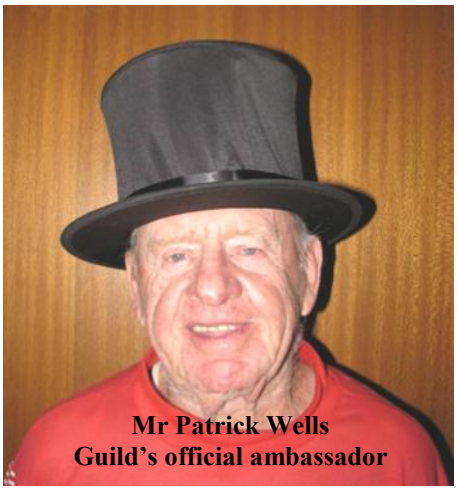
Lastly, my apologies to Ted Koops. In my haste last issue I forgot his picture and title regarding our committee members. Ted is our Entertainment Co-ordinator.

A reminder that our raffle only runs for two weeks and will be drawn on the 24th October, at 9am at the Coach House. **(Thank you Lorraine Gill)** who keeps selling whether rail hail or shine.

Finally the Guild would like to introduce our **new club ambassador Mr Patrick Wells** pictured in his formative top hat that he wears for our ceremonial occasions.



Ted Koops:
Guild's
Entertainment Co-ordinator



Mr Patrick Wells
Guild's official ambassador

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment. (Please note that our previously advertised day of Friday has now been replaced by Thursday)

CORNWALL COMMUNITY DEVELOPMENT GROUP INC.

Results of our Annual General Meeting held on September 4th 2012 are as follows:

Deb Squires	**President**
Raz McDonald	**Vice President**
Wendy Dawson	**Secretary/Public Officer**
Lynne Dawes	**Treasurer**
Deb Barnes	**Committee member**
Graeme Hayes	**Committee member**
John Solonen	**Committee member**

e. ccdginc@fastmail.com.au
m. 0403 430 452

Expressions of interest.

The voluntary position of editor of the Valley & East Coast Voice will become vacant in January, 2013.

We are looking for someone who has good computer skills, is dedicated and can commit themselves to the job.

If you are interested, please call Judy on 6372 2155 to arrange a meeting to discuss your application and the job requirements.

MT ELEPHANT FUDGE

Mt Elephant Fudge
for all your sweet desires!!!

Trading Hours
Wednesday, Thursday, Friday,
Saturday, Sunday.
10am - 5pm

Authentic hot chocolate!!
Assorted handmade Belgian chocolates, yummy fudge and delicious sweet treats.

Cone Ice creams, Banana Splits, Sundaes, Milkshakes, Iced Choc/Coffees, **Coffee**, Chocolates, Cheesecake, Gift and Post Cards
NEW - Books on local interest and history
Gift Vouchers available.

ADVERTISE YOUR UNWANTED ITEMS.
ALL CLASSIFIEDS ARE FREE.
(excepting boxed advertisements)
SO START YOUR SPRING CLEANING NOW.
YOU NEVER KNOW WHAT SOMEONE ELSE IS LOOKING FOR.

BREAK O' DAY STITCHERS

A very busy couple of months has finally resulted in the completion of our raffle quilts for our annual fund raising raffle for charity held in conjuction with our Easter Exhibition, for which plans are already well in hand, and ticket selling will commence in November.

Meanwhile we were happy to present a cheque for $1550 to the Renal Unit at the L.G.H. from the raffle of a quilt and donations. We have all enjoyed the workshops held in the last few months and look forward to more next year.

The photo (right) shows Marj Aulich presenting the cheque to Rose Mace, head of the Renal Unit at LGH.

Mental Health Week 2012

On Monday 8th October at the St Marys Lions Club Park a BBQ was held in support of Mental Health Week 2012 hosted by Anglicare, the event was attended by community members, some of whom took along picnics others who enjoyed the free sausage sizzle. There was wonderful face painting provided free of charge.

Never one to miss an opportunity for a good face painting , I put myself in the firing line and was given the "foxy lady" treatment. Activities were provided for the children with colouring pages and other fun games. Health checks were conducted free of charge and lucky ticket prizes were given out. All to remind us to maintain our mental well being and to reach out to those in our community who might be impacted by mental health issues. I walked away with a happily painted face to work at the Op Shop for the rest of the day. I think it brought a few smiles and hugs (don't forget your eight hugs a day for emotional survival!) and not just that but I was given a lucky door prize of a box of Lindt luxury chocolates.

Thank you Anglicare for organising this event to bring attention to Mental Health Week 2012 .

Janet Drummond.

Combined Probus Club of St Helens & Scamander

The guest speaker for our September meeting was Brian Gallagher, C.E.O. of Medea Park Residential Care.

Brian outlined the history of the establishment of Medea Park, which began in the 1970s and at present employs 78 staff. Brian stated that Medea Park has a modest waiting list.

Brian walked us through the Government requirements and "dejargonised" the information booklet, "5 steps to Residential Care". Brian further suggested that we all need to " be prepared" and made some suggestions in regard to wills, enduring power of attorney etc. Brian also welcomed all inquiries.

After our meeting we went to a member's house for a sausage sizzle. Unfortunately during the event the weather turned a little nasty, in fact very windy. Only the foolhardy remained outside, the rest invaded the lounge and kitchen. The host was heard to remark, "Boy, I have never seen so many people in my kitchen. I am having trouble finding a space to deposit the sauce bottle."

With full stomachs we adjourned to the school where we were shown around the Trade and Training centre. This was followed by a tour of the school grounds and 4 new classrooms. We were amazed at the changes made to the physical structure of the school, the amount of money spent on upgrading the school and the huge variety of curriculum subjects available to the pupils. We then returned to the hospitality centre: **AND then more food.** The students provided us with an afternoon tea of cappuccinos, focaccias, rum balls, and strawberry/chocolate cakes.

"Only a very light tea for us tonight," were the comments made by all the members. **What a day.**

House contents garage sale

10 Groom street, St Marys
Saturday 20th October
includes, electrical, furniture, clothes and homewares.
9am start.

THANK YOU

Damon & Nikki Viney would like to thank their family and friends for all their phone calls, visits, love and support after our accident, it was very much appreciated.

A special thanks to Chris and Mandy Turner who stopped to help us at the accident.

News from the Break O'Day Child and Family Centre.
1 Groom St St Helens: 6376 7170

There has been a whole lot of fun happening through September at The Centre.

The children had a wonderful time during the school holidays with a program that encouraged our IT skills!

A digital snowflake program was on offer to children - which challenged their coordination - to catch snowflakes projected onto the wall.

They also had a great time creating animals and transport vehicles on the computer and matching up appropriate sounds.

This holiday program event was run by Cathy Parker from Building Blocks and Gary McMurtrie, our local Youth Health Worker from Healthy House.

Cathy also plans to start some consulting and parenting sessions at the Centre.

A new program, Connecting with Cooking, has recently started and the first session was a great success with Kitty Huang helping us to explore Chinese cooking, culture, music and activities this month. Spaces are limited for this program in which we hope to include a different culture at each session.

The Baby Chat Cafe will commence at Fingal Neighbourhood House this month.

Sessions will be on Tuesdays, fortnightly from 11.30 until 2.00 starting on October 9th. The baby chat Café is for parents or carers with babies 0-18 months and expectant parents to come together and share your wonderful journey, stories and challenges that parenting brings. We would love to hear from any volunteers in the area who would be interested in assisting.

Nutrition Week commences on the 15th October and we will be holding some Family Food Patch sessions between 10.30-1.00 on Tuesday 16th and Wednesday 17th. Participant numbers are limited to 6 so if you are interested please contact the centre as soon as possible. This will be a great chance to find some easy, nutritious recipes that the whole family can enjoy, or get some great lunch box ideas.

National Families Week commences 19th October and we will be encouraging our children with the national concept that "a caring world shares."

Playgroup will be holding a Teddy Bears Picnic that week on Wednesday 24th October 10-11.30 to celebrate and we encourage you to bring a teddy along to join in the fun and a healthy plate of morning tea to share.

The Centre is also very pleased to announce that it will also be one of the venues for the new East Coast Maternity Service.

This service aims to support women through the natural process of pregnancy, childbirth and early childhood and will be held alternate weeks on Wednesdays at the Centre and at St Marys Community Health Centre.

Please speak with your GP or the LGH Antenatal clinic for a referral to see the GP Obstetrician, Midwifery Antenatal Clinic, Physiotherapy and Social Worker who are available through the service.

East Coast Autism networking, Asthma Foundation education and Dental Care sessions are some of the other things that have been happening at the centre, as well as our regular sessions with Little Launchers, Launch into Learning, The Baby Chat Cafe, Playgroup and the Child Health Nurse.

So get on board and come in to see the wonderful, welcoming staff and volunteers and find out what is on. It is a great place to connect with our community and have fun with our children in a safe and warm environment.

There is a suggestion box located on the sign-in desk if you have any comments, suggestions or ideas for the Centre.

Siobhan Mead,
Advisory Board Member.

Parenting tip of the month:
CHILDREN DO AS YOU DO.

Your child watches you to get clues on how to behave in the world. You are her role model, so use your own behaviour to guide her. What you do is often much more important than what you say. If you want your child to say 'please' say it yourself. If you don't want your child to raise her voice,
speak quietly and gently yourself.

From the Raising Children Network:
www.raisingchildren.net.au

Tasmania Police would like to thank Ms Linda Little for 14 years of wonderful service. We wish you a great future ahead and best wishes for your future career aspirations.

St Marys Police Station Opening Hours
Tuesday and Thursday between 12:00 - 1:00pm. Closed Public Holidays

FOR POLICE CONTACT CALL *131444*
FOR EMERGENCIES *ONLY* CALL *000*

No further Service Tasmania transactions will be conducted at this station.

St Marys PHARMACY

Kodak quality prints in seconds

Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215 *Phone: 6372 2844 — Fax: 6372 2874*

Ear Piercing

$27

Includes:- Piercing, Earrings and solution to take home.

With qualified staff Bec or Sally

St. Helens Electrical

ROD SHAW
LIC: C00489

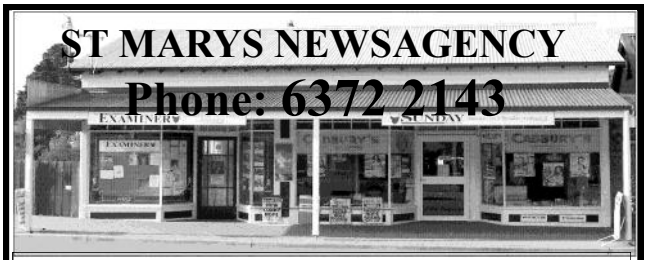
Domestic, Commercial, Industrial:
Wiring and Repairs, Rewires, Underground.

Home Heating:
Advisory, Sales & Installation of heat pumps and fixed heaters.

Lighting Specialist :
Interior and exterior, Advise, Sales and Installation.

Ph: 6372-5522 Mbl: 0407-615-072
2 Lagoon Esplanade, Scamander 7215

ST MARYS NEWSAGENCY
Phone: 6372 2143



Open 7 days a week for your convenience.
Winter trading hours
6am - 6pm Mon to Thurs Fri 6am –7pm
7am – 6pm Sat. & Sun.

- AURORA PAYG
- PHONE CARDS
- PRE-PAID MOBILES
- DVDs
- STATIONERY
- GIFTS
- WRAPPING PAPER
- NEWSPAPERS
- MAGAZINES
- FISHING GEAR
- BAIT
- ICE

NEW DVDs

Plus - all the phone credit you will need.

CALOWS BUS DEPOT

St.Marys Sports & Social Club:
Exciting Announcement About Subscriptions.

The Committee of the Sports Centre has taken some radical action in the attempt to secure the future of the club. We realise that there are a number of junior golfers and their parents, along with new social and playing members who may have been turned away due to the current fees charged for our memberships.

New Memberships Are:
FOR THE NOT SO SERIOUS MEMBERS:

Social Membership: $22.00
Entitles you to use the clubhouse and bar only.

Junior Membership: $30.00
Full use of facilities, play golf & bowls, (serious or not so serious).

Casual Senior Membership: $50.00
Full use of the facilities, just have a hit or roll when you wish (fun days included)

Casual Family Membership: $100.00
For a little extra, register the whole family & enjoy what the club can offer.

FOR THE SERIOUS MEMBERS:

Junior Membership: same as above, $30.00
Includes all affiliations, golf and bowls.

Senior Membership: $100.00
Includes all affiliations, golf and bowls.

Couples & Family Membership: $150.00
Includes all affiliations, golf and bowls.

ONCE YOU HAVE PAID YOUR SUBS AS A SERIOUS MEMBER, YOU SIMPLY DECIDE WHETHER YOU PLAY GOLF, BOWLS OR BOTH, AS YOUR AFFILIATIONS INCLUDE BOTH SPORTS!

ERIC HUTCHINSON
Federal Liberal Candidate for Lyons
MEDIA RELEASE - 12 October 2012

Eric Hutchinson signs pledge committing Federal Coalition to provide fair indexation of military superannuation pensions.

Eric Hutchinson, Federal Liberal Candidate for Lyons has signed a pledge committing himself to the fair indexation of Defence Force Retirement Benefit (DFRB) and the Defence Force Retirement and Retirement and Death Benefit (DFRDB) military superannuation pensions.

"I am determined that we keep faith with those who have served and protected Australia", said Mr Hutchinson.

"I have joined Federal Opposition Leader Tony Abbott and Shadow Minister for Veterans Affairs Senator Michael Ronaldson in signing a pledge to provide fair indexation for the recipients of military superannuation pensions.

"This signed pledge will keep faith with hundreds of local residents who are recipients of military superannuation pensions.

"Under this pledge, a future Coalition Government will ensure that DFRB and DFRDB superannuants aged 55 and over will have their superannuation pensions indexed in the same way as aged and service pensions.

"Across Australia 57,000 superannuants, and their families, will have access to fair, just and equitable indexation of their superannuation entitlements under a Coalition government.

Mr Hutchinson said Labor had led people to believe that they would provide a fairer deal for ex-servicemen and women. Unfortunately, the Rudd-Gillard government has never delivered.

"I have signed my name and will keep my word.

"Our veterans and their families deserve fair indexation. A Coalition Government will deliver it.

Eric Hutchinson and Michael Ronaldson.

Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

You're Invited to a

Cocktail Evening for Local Businesses & Tourism Operators

Greater Esk Tourism is presenting the Photographic Competition Awards
and promoting Jim Haas' most recent book 'A Little Bit of Heritage'

Date: Wednesday 14th November 2012
Time: 5:30 for 6pm start
Cost: $10 per person
Location: Purple Possum, 5 Story Street, St Marys
RSVP: 7th Nov 63722406 dj.gilbert@bigpond.com

Neat casual dress. Light refreshments will be provided

Come along, meet and network with operators and locals in the Valleys of Adventure

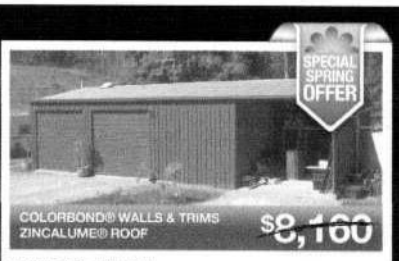
"Craggy Peaks"
Luxury Self Contained Accommodation

Craggy Peaks has 15 fully self contained serviced units nestled among the trees with breathtaking views of Stacks Bluff and the southern side of Ben Lomond National Park. Have a break from the hustle and bustle of every day life, sit back and enjoy the peace and tranquillity. There are walking tracks and Mountain bike trails ranging from novice to expert, trout to be caught in the local creeks or it is only a short drive to the South Esk River. A 5 minute drive to the Rossarden and Storys Creek Museum and the history of the old mining towns, Craggy Peaks is on the scenic link road between the towns of Avoca and Fingal with magnificent views of Ben Lomond.

Our very reasonable rates are subject to seasonal changes.

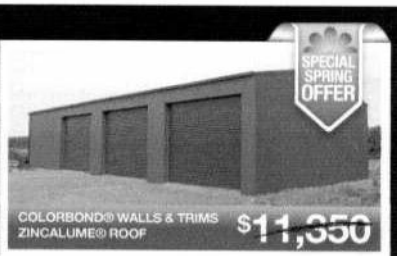
2 bedroom units$120.00 per night
1 bedroom units$80.00 per night
Powered van sites $15.00 per night

"Craggy Peaks"
1410 Rossarden Road
Rossarden 7213
Phone:- (03)6385 2032
Email:- craggypeaks@gmail.com



BLUE RETREAT
Four bay shed with double lock-up garage plus one enclosed and one open bay.
6m x 12m x 2.6m

BUSH BRIGADE
Great design with plenty of space to work or play. Includes two roller doors.
11.5m x 8m x 3m



BIGGER THAN IT LOOKS
Four bay shed featuring three roller doors plus an 7m x 4m enclosed workshop area.
7m x 16m x 3m

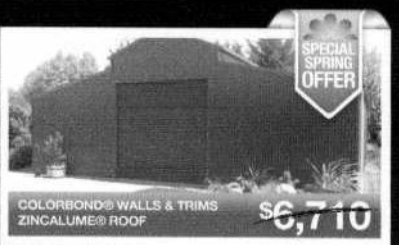
DOUBLE LOCK IT UP
Features three open bays plus two secure lock-up bays. Includes two roller doors.
7.5m x 17.5m x 3m

LITTLE FILLER
Compact three bay shed with two open bays and a workshop area.
7.5m x 13.5m x 3.6m

MAN'S BEST FRIEND
Compact and useful, this machinery shed offers three 4m wide openings.
7m x 12m x 3.6m

dyo DESIGN YOUR OWN!

Can't find a building suitable for your requirements? Why not design your own! Speak to one of our specialists today and see what we can do for you!



VALUE BARN
Features a 3m centre and lean-to spans and one roller door. Other sizes available.
9m x 6m x 3.6m

AUSSIE BARN
Available in two sizes with either a 3m or 4m centre and lean-to spans plus one roller door.
9m x 6m x 3.6m

HERITAGE BARN
Our best selling barn featuring a 4m centre and lean-to spans plus three roller doors.
12m x 8m x 4.2m

AUSSIE RETREAT - STEEL KIT HOME
Residential steel kit home featuring full engineering and floor plans. See website for more details.
Kit 3: 141m² (15m x 9.4m inc. verandah)

COUNTRY ESTATE- STEEL KIT HOME
Residential steel kit home featuring full engineering and floor plans. See website for more details.
Kit 1: 299m² (13m x 23m inc. verandah)

COUNTRY VILLA - STEEL KIT HOME
Residential steel kit home featuring full engineering and floor plans. See website for more details.
250m² (13.5m x 14.2m inc. verandah)

STEEL SUPPLIED BY BLUESCOPE STEEL

Call **Gone Rustic** on 6372 2724

Your Local Authorised Agent 37 Main Street, St Marys

Check out our full range online www.sheds.com.au

Wide Span Sheds

No Compromise Steel Building Solutions.

All promotional pricing is valid for 14 days from date of quotation, for full terms and conditions, visit **www.sheds.com.au/termsandconditions**. Unless otherwise stated, all prices are indicative of Class 10 buildings in Region A with an Importance Level (IL) of 1. All residential buildings (Class 1) have a Site Classification of N2 and IL of 2. Higher Wind loadings and IL available at extra cost. COLORBOND® steel and ZINCALUME® steel are registered trademarks of BlueScope Steel Limited. Pictures are for illustrative purposes only. Errors and omissions excepted. Visit **www.sheds.com.au** for latest product release information.

Speak To Me!

Selections from the exhibition finalists touring statewide 2012-2013

2012 Bendigo Bank
Material Girl

Engagement Susan McArthur, Winner
Bell Bay Aluminium Overall Excellence Award 2012

Venue: Avoca Museum & Information Centre
Dates: 3rd – 29th October 2012
Fri 1pm – 3pm, Sat & Sun 11am – 3pm
Hosted by: AMIC Regional Arts

as part of the TRA Touring Program
www.tasregionalarts.org.au

BELL BAY ALUMINIUM

ZONTA INTERNATIONAL · Bendigo Bank · Tasmania Explore the possibilities · Tasmanian Regional Arts

CLEAN CUT GARDENING & TREE CARE

GARDENING
LANDSCAPING
TREE LOPPING & REMOVAL
inc dangerous & confined space
FULLY QUALIFIED TREE FALLER
PRIVATE POWERLINE CLEARING

FULLY INSURED
FULLY LICENSED
FREE COMPETITIVE QUOTES
PROFESSIONAL
RELIABLE
FRIENDLY SERVICE
10% DISCOUNT FOR SENIOR PENSIONERS
PRUNING & LOPPING COMPLY WITH AUSTRALIAN STANARDS

FOR FAST, PRODUCTIVE & QUALITY WORK
CALL
ANDREW DAVENPORT
0419 11 38 36
OR 63 722 366

THE LAUNCESTON WALKING CLUB INC.

presents our 45th SPECTACULAR TASSIE WILDERNESS SHOW

DO YOU KNOW TASMANIA

PROGRAM INCLUDES
- Mt Rogoona
- Flinders Island
- Vanishing Falls
- New Harbour Range
- The Ground at Your Feet
- A Hot Time at the Old River
- Pick of our Past Patron's Pics 3
- MOVIE: "Min.NerRane.Ne" (from DVD Vol. 3)
- MOVIE: "Maatsuyker Island" (from DVD Vol. 4)

.... and our Movie Collection DVD's Vols 3 & 4 will be available at the show.

SPONSORED by www.bushwalk.com

FRIDAY 9th NOV @ 8.00pm
• • JAM HEADQUARTERS • •
Salvation Army, Storey Street, ST MARYS
Admission at the door $15, Concession $10
• • Supper @ Intermission for Gold Coin donation • •

COMMUNITY TRANSPORT SERVICES TASMANIA INC

Can't get out to do your Christmas Shopping???

Don't miss out on the Community Transport Shopping Trips!!

EASTLANDS SHOPPING CENTRE HOBART - Saturday 27th October,
Departing St Marys at 8.00 a.m.

TASMANIAN CRAFT FAIR - DELORAINE - Sunday 4th November.
Departing St Marys at 7.30 a.m.

SALAMANCA MARKETS, HOBART - Saturday 10th November
Departing St Marys at 8.00 a.m.

Phone Jan on 6372 2137 - bookings essential!
Wheelchair accessible vehicle.

optomeyes

OPTOMETRISTS VISITING ST HELENS

Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the **St Helens Medical Centre**, and will bring with them fashion frame selections for your convenience.

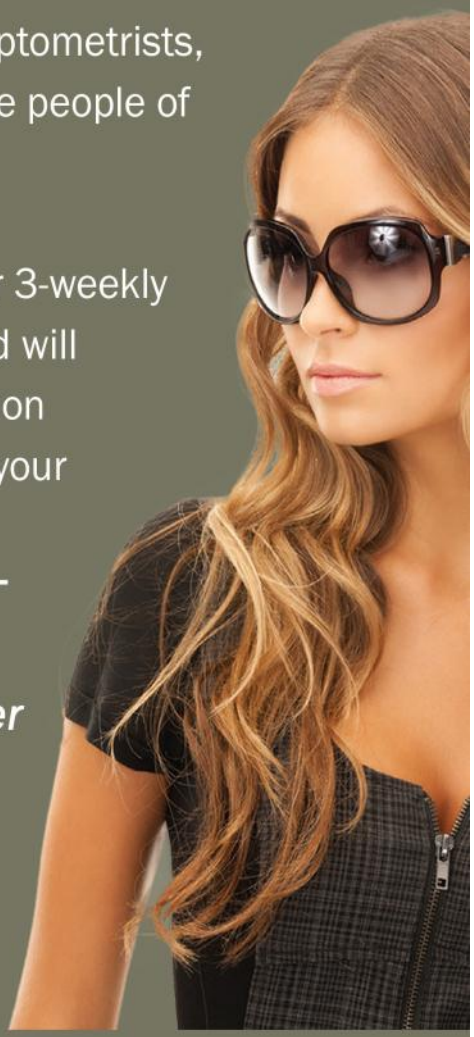
Susan Sluce

Greg Dennis

NEXT VISIT DATES:

Thurs 1st November
Fri 2nd November

To make an appointment to discuss all your vision needs, call Targett Pharmacy on **6376 1374**



optomeyes

SEE LIFE DIFFERENTLY

WWW.OPTOMEYES.COM.AU

PING'S PLACE

Spring Sale

Kitchen Tea towels $2.00 each, Beach Towels $4.00 each, Wash up /general purpose cloths $1.00 each.
Various garden handy tools $3:00 each,.
Socks for $1:00 pair, durable.
Women's briefs, bamboo made $10:00 for 5 pairs. And there are Men's as well.
Baby reusable nappies, one size fits all, many colours, $5.00 each. Second hand pram ready to go $5.00. Garry brand blue strong baby carrier up to 20kgs $5.00. Children's mini trampoline red and black $46.00. Child pump up stool, space saver, only $4.00.
Hanging storage bags, 3 layers, many colors, space saving $3.50 each, Micky Mouse storage bags. Picture Frames, A4 certificate frame $3.00each. Butterfly balloons, very beautiful,$2.00 each.

Food area

Delicious Longan in Syrup 567g a tin now only $2.20.
Lemon Sauce ideal for chicken or pork, now only $3.00.
Thai Banan Blossom you may like to give a try. There are Te Guan yin tea, woo long tea, pu er cha in tea bags, 20 tea bags for only $2.00. Thai, Malasian curry paste, tomyum curry paste, water crispy chestnuts, bamboo shoots, dry mountain mushrooms, AND much more.

Great to discover that Michelle Menze is also a competitive Ping Pong Player!!
If you are playing well in Table Tennis game, let Junknow, because she would like to include you!!

gone rustic studio & gallery

fibre & textile, mixed media, gifts, kit homes & sheds, collectibles, classes, exhibitions (open tues – sat, 10 – 4)

37 main street, st marys, tasmania 7215 – 03 6372 2724
www.gonerustic.wordpress.com – gonerustic@gmail.com

JOURNALS ANONYMOUS –11am-2pm on last Saturday each month at *Gone Rustic Studio & Gallery, St. Marys*: just bring whatever art or journal/sketchbook you're working on. Cost: donation. BYO lunch. For more info, call Rita on 0417 027 424 or email to gonerustic@gmail.com

stitchedupmama –
www.stitchedupmama.wordpress.com

WRAPPED IN ST MARYS
See photos, slideshows and more at
www.wrappedinstmarystas.wordpress.com
Also a great way to keep up to date with developments for next year!
An initiative of GET (Greater Esk Tourism)

Tim Morris MP
Tasmanian Greens Member for **Lyons**

THE GREENS
Tasmania

'You asked, we delivered'

'The Common Sense Approach for Tasmania'.

New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030
Phone: (03) 6263 3801
E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

I bought a dog once.
Named him 'Stay'
"Come here, Stay."
He's insane now

Terrapin Puppet Theatre's National Award winning show Touring to St Mary's

evision has the Logies and Live Entertainment has the Helpmann Awards. Terrapin Puppet Theatre's production of *BOATS* has just won the 2012 Helpmann Award for Best Presentation for Children in Australia.

Written by Finegan Kruckemeyer and Directed by Frank Newman, *BOATS* has been performed everywhere from the Lincoln Center Institute in New York to the outback of the Northern Territory. Along the way it's taken in New Zealand, Ireland, two tours to the USA and been all across Australia.

BOATS sets sail for…
St Mary's Wed 31 Oct 7pm &
St Helens Thur Nov 1 6:30pm

Boats is a story of two mariners fleeing their past and embracing adventure. They meet through bizarre circumstances involving a chicken, a deserted island and a sombrero.

Boats is classic storytelling where the magic unfolds in front the audience. The sound effects are created live, a boat is cut from bread, a bird tied from rope, a circus hides in a jacket, and finally a storm is made with a teacup. *Boats* has acrobatics, object manipulation, a microphone that goes in water and enchanting story telling.

It is a moving story that leaves a lump in your throat and a smile on your face.

Duration 50 mins (no interval).

The State Government through Tasmania Performs provides Regional communities with access to the best performances available.

Town by town show times and ticketing details available at www. tasperforms.com
Tickets available from Scamander Post Office, Main Street Clothing, St Marys,
or at the door on the night.
Adults $10 or$8 BO'DRA memb/under16 $5/Family $20 or $16 BO'DRA memb.

EXCLUSIVE TO ST MARYS

TERRAPIN PUPPET THEATRE

"BOATS" Performers
Jeff Michel & Quinn Griggs
are holding a

Puppet Workshop

On Wed 31 October
4.30pm - 5.30pm

Buy a ticket to the show and win a once in a lifetime opportunity for your child to participate in this **FREE** workshop.

Places are limited so bookings are essential. **DON'T MISS OUT.**

To book your place ring:
Michelle 0407 046 865
Jeannette 0447 012 887

Howling Good Family BBQ

5.30 - 6.30pm
Outside St Mary's Community Hall

Fundraising for RAYC

Proudly presented by
Break O'Day Regional Arts

Come Celebrate Halloween

Join us in fun, but be aware
That judges in fashion will also be there
Dress in sinister style to fright and delight
And snag a treat this haunted night

Patrick walks into a bar in Dublin, orders three pints of Guinness & sits in the corner of the room, drinking a sip out of each pint in turn.

When he had finished all three, he went back to the bar & ordered three more.

The barman says, "You know a pint goes flat soon after I pull it ... your pint would taste better if you bought one at a time."

Patrick replies, "Well now, I have two brodders, one is in America, & de odder in Australia, & here I am in Dublin. When we all left home, we promised dat we'd drink dis way to remember de days we all drank togedder."

The barman admits that this is a nice custom & says no more.

Patrick becomes a regular customer, & always drinks the same way ...ordering three pints & drinking a sip out of each in turn, until they are finished.

One day, he comes in & orders just two pints. All the other regulars in the bar notice & fall silent.

When he goes back to the bar for the second round, the barman says, "I don't want to intrude on your grief but I wanted to offer my condolences on your great loss."

Patrick looks confused for a moment, then the penny drops & he starts to laugh, "Oh no," he says, "Bejesus, everyone is fine ! Tis me, I've quit drinking!"

Interested in Medieval life? Arts, crafts, costumes etc?
If so please contact Michael on 0447 106 218 or Lillian 6372 2531.

Community Dinner

Holy Trinity Anglican Church Hall

St Marys

Saturday 20th October 2012

5.30 for 6pm

COUNTRY STYLE COOKING

Enjoy a shared meal with friends and neighbours.

Please bring a country style side dish/dessert to share

RSVP Barbara on 6372 2428

Gold coin donation

St Helens Flowers

Donna of St Helens Flowers takes all the fuss out of ordering flowers.

Arrangements, Bouquets, Gift Baskets, Wedding Flowers, Floral Tributes

Member of the Petals network—we can now send or receive flowers worldwide!

Fantastic Fresh Flowers delivered to your door or statewide

Ph Donna—6376 1211

Fun Range of Helium Balloons!

68 days until Christmas.

DickAdamsMP
Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road
PO Box 50
Perth, Tas 7300
Ph 6398 1115

58A High Street
PO Box 271
New Norfolk Tas 7140
Ph 6261 3366

Toll free 1300 132 689
Email D.Adams.MP@aph.gov.au

WORKING WITH YOU FOR A STRONG COMMUNITY

Written and Authorised by Dick Adams, 53B Main Road Perth

Last chance to attend Bingo at the Fingal Valley Neighbourhood House

Bingo

Eyes down at **1pm**

Every **1st** and **3rd** Thursday of the month

CLEAN CRACK LAUNDROMAT

32 MAIN ST., ST MARYS

(NEXT TO SECONDHAND ROSE)

Coin operated washers & driers

OPEN FOR BUSINESS

Winter trading hours:
7am - 5.30pm (ish)
(Fri & Sun a little later)

Rae & Partners

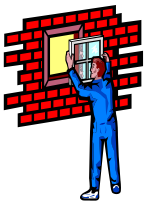
Lawyers Barristers & Solicitors
113 Cimitiere St Launceston

Visiting :
St Marys Community Health Centre
Alternate Tuesdays : 9 am – 10 am
Ph: 6337 5555 For appointments.

EAST COAST GLASS

Falmouth Ph: 6372 5361

- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

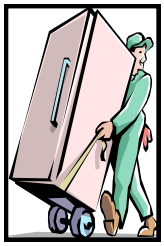


Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

Ransley's Appliance Service

P O Box 136
Scamander Tas 7215



° Washing machine NOISY?
° Refrigerator runs too LONG?
° Clothes dryer blows cold AIR?

Then you need the service of our technicians.

Ring us on: Scamander: 6372 5307
Mobile: 0428 761 811

HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office& Residence:
114 Cecilia St
St Helens

Chapel:
46 Tully Street
St Helens

We are here when you need us to arrange Burial or Cremation.

Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.
Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at **rodneymcgiveron@bigpond.com** any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)… Anything mechanical /classic cars / modelling. You name it …we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/ boat building and racing.
Contact Barry Lord (Commodore) on 6257 8200 or email **halahcottage@bigpond.com** or ring Secretary Cheryl Hodgetts 6257 8548. email: **bill49@bigpond.net.au.**
"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: **gonerustic@yahoo.com.au** "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Head-quarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and… "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

PETER TROODE (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.
ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.
BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at **mawadsworth@yahoo.com.au** "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email **rodneymcgiveron@bigpond.com** or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

St Marys Police Phone Number	**6372 1010**
Non Urgent Number	**131 444**
Urgent and Life threatening	**000**
SES (Flood & storm only)	**132 500**
Fire	**000**

The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

FINGAL VALLEY NEIGHBOURHOOD HOUSE NOTICE

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4- OPEN TO EVERYONE IN THE VALLEY FOR FREE
LEGAL HELP - THOSE FORMS, CONTRACTS, INFO ETC...

NEED HELP WITH READING , WRITING, OR MATHS ? - HELP AVAILABLE IN THE VALLEY - FREE LITERACY PROGRAM - PHONE - 6374 2344 TO ENQUIRE....

VOLUNTEERS NEEDED - HOW ABOUT DRIVING FOR THE HOUSE ON A CASUAL BASIS? WORK IN THE OP SHOP? DESIGN A PROGRAM? GREAT TO SATISFY CENTRELINK REPORTING REQUIREMENTS...

PLEASE PHONE OR POP IN AND SEE DEB...
6374 2344 OR 0488 562 538

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

Remedial Massage and Naturopathy
ring Sue Christiansen for an appointment.
0418 515 419

LOCAL OWNER - OPERATOR

OVER 20 YEARS EXPERIENCE

Ph : Dana or Craig

6372 2033 /0439 722 032

Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ROAD GRAVELS
- TOP SOIL
- SCREENED TOP SOIL
- SAND
- ROCKS
- ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- 10 YARD TIPPER
- COMPACTION ROLLER
- WHEEL LOADER

AND MUCH MORE

Computer Trouble?

- 15 years experience
- Home & business
- Hardware & software
- Websites & email
- Windows, Mac, Linux
- ADSL, WiFi, Satellite

Ray Walker
m 0401 497 199
e hello@raywalker.it

Scamander Beach Surf Shop

6 Lagoon Esplanade
Scamander

Ph: 6372 5529

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards

Surfboards:
Milch McTavish
Surftech Bic G Boards

Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

StMarys & district emergency & business contacts

CRIMESTOPPERS 1800 333 000 **AMBULANCE 000** **NON EMG. 1800 008 008** **FIRE 000**
POLICE 000 **COMMUNITY HEALTH CENTRE 6372 2111** **SES 132 500**
NON URGENT 131 444 **DOCTOR 6372 2111** **(FLOOD & STORM ONLY)**
POLICE ST MARYS 6372 1010 **BEN LOMOND WATER AND SEWERAGE 13 69 92** **AURORA 13 20 04 EMG.**

ACCOMMODATION
ADDLESTONE HOUSE B&B 6372 2783
19 GRAY RD ST MARYS WWW.ADDLESTONEHOUSE.COM.AU
FISH-TALES ON THE BAY (BH) 0439 265 362
(PET FRIENDLY) (AH) 6372 2128
MARITON HOUSE B&B + HORSE RIDING
1 IRISHTOWN ROAD ST MARYS 6372 2059
RAINBOW RETREAT (LOT 1 OFF GILLIES ROAD)
(info@rainbowretreat.com.au) 6372 2168
SEAVIEW FARM 6372 2341
ST MARYS HISTORIC HOTEL 6372 2181
(48 MAIN ST ST MARYS)

ARTS & CRAFTS
BLUEBERRY COTTAGE 6372 2755
(ELEPHANT PASS) dave@blueberrycottage.com.au
GONE RUSTIC STUDIO & GALLERY 6372 2724
(37 MAIN ST ST MARYS)

BREAK O'DAY REGIONAL ARTS
(CONTACT ROD CORFE) 6372 2444

ART SUPPLIES
BIG SHED STUDIOS 0428 725 228
(24837 TASMAN HIGHWAY ST HELENS)

AUSTRALIA POST
ST MARYS POST OFFICE 6372 2124
(MAIN ST ST MARYS)

BAKERY
ST MARYS BAKERY 6372 2131
(MAIN ST ST MARYS)

BANKS
COMMONWEALTH BANK 6372 2268
(MAIN ST ST MARYS)

BERRY FARM
BLUEBERRIES SEAVIEW FARM 6372 2341

BOARDING KENNELS
THE GUMS KENNELS AND CATTERY
(IRISHTOWN ROAD ST MARYS) 6372 2512
UPPER SCAMANDER KENNELS AND
CATTERY (905 UPPER SCAMANDER ROAD) 6372 5157
WAGABOUTS (0429 170 077) 6376 2131

BREAK O'DAY COUNCIL
ST HELENS 6376 7900

BREAK O'DAY BUSINESS ENTERPRISE CENTRE
BEC SHOP 1/34 QUAIL ST ST HELENS
(ADMIN@SMALLBUSINESS,ORG.AU) 6376 2044

BUS SERVICES
CALOWS BUS SERVICE (ST MARYS) 6372 2476
(ST HELENS) 6376 2161

BUTCHER
INSTORE SUPERMARKET 6372 2274

CABLE LOCATIONS
TELSTRA COPPER NETWORK & UNDER-GROUNG POWER CABLES ETC.
MICHAEL SMITH 0408 059 521

CARERS FOR WILDLIFE TAS INC.
6372 2973 / 0417 017 105

CARTAGE CONTRACTORS
C & D EXCAVATIONS 6372 2033
TROTTERS CONTRACTING 6372 2107 6372 2742
(EXCAVATION,DRAINAGE, & GENERAL CARTAGE)

CHILD CARE
ST MARYS CHILD CARE CENTRE 6372 2187

CHINESE GROCERY & CHINESE MEDICINE
PING'S PLACE ST MARYS 0411 186 573

CHURCHES
ANGLICAN CHURCH 6376 1144
CATHOLIC CHURCH 6372 2252
UNITING CHURCH 6376 2405
SALVATION ARMY 6372 2099

CLOTHING
MAIN STREET CLOTHING 6372 2211

COMPUTERS
MAINTENANCE & REPAIRS
RAY WALKER MOB: 0401 497 199

COMMUNITY CAR 6372 2137

CONFECTIONERY
MT ELEPHANT FUDGE (7 STORY ST ST MARYS)
(PROPRIETOR LIZ DEAN) BUS: 6372 2034 H: 6472 2787.

DESIGNER –BUILDING
BUILDING DESIGN STUDIO 6372 2000
(56a MAIN ST ST MARYS)

ELECTRICIANS
ST HELENS ELECTRICAL 6372 5522
0407 615 072

ELECTRICAL & COMPUTERS
GAZZMAN'S BETTA ELECTRICAL (ST HELENS)
INCL. FURNITURE, BEDS, MANCHESTER FLOOR COVERINGS. HOME WARES Fax: 6376 2159
(gazzmans@bettastores.com.au) 6376 2555

ELECTRICAL REPAIRS
RANSLEYS HOME APPLIANCES 6372 5307
(SCAMANDER) 0428 761 811
RICK ENGINEERING (MAIN ST ST MARYS) 6372 2460

FUNERAL DIRECTORS
HARRIS FUNERALS (ST HELENS) 6376 1153

GARAGES
CALTEX ST MARYS (MAIN ST ST MARYS) 6372 2335

GARDEN CENTRE
MANNA FARM 63722707
(45 MAIN ST ST MARYS OPEN THUR/SUN 10 - 4pm)

GARDENING SERVICES
CLEAN CUT GARDENING 0419 113 836
ANDREW DAVENPORT ST MARYS 6372 2366

GIFTS
AVAILABLE IN MANY BUSINESSES

GLASS REPLACEMENT
EAST COAST GLASS 6372 5361

GOLF CLUB
ST MARYS SPORTS CENTRE INC 6372 2177

INSURANCE BROKERS
MCKILLOP INSURANCE (LYN) 0400 984595

JUSTICES OF THE PEACE
K FAULKNER 6372 2196
H VELDUMS 6372 2124

HAIR DRESSER
ANA'S HAIR DRESSING SALON 0448 532 531
MAIN ST ST MARYS PH;AH 6372 5497

HEALTH FOODS
PURPLE POSSUM WHOLE FOODS 6372 2655
(STORY ST ST MARYS)

HEALTHY HOUSE
(5 PORTLAND COURT ST HELENS) 6376 5242
(ST MARYS COMMUNITY HEALTH CENTRE) 6372 2850

HORTICULTURIST
PETER DANE (QUALIFIED HORTICULTURIST) 6372 2686

HOTEL
ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2181

JAM (JESUS & ME) M NORTON 6372 2099

LIBRARY
ST MARYS LIBRARY 6372 2114
(MAIN ST ST MARYS)

LINE DANCING
VALLEY COASTERS 63 72 2266
(SUE FISHER)

LYMPHOEDEMA CENTRE
ST MARYS LYMPHOEDEMA CENTRE 6272 2900
(LOCATED AT ST MARYS COMMUNITY HEALTH CENTRE)

MARRIAGE CELEBRANTS
PETER POWER (peterpowercelebrant@gmail.com)
0417 017 105
TERESE TANNER 0400 512 845 6372 5745

MEALS ON WHEELS 0488 384 344

MECHANICS
MICHAEL AULICH (MECHANICAL & WELDING REPAIRE & GENERAL STEEL & ALUMINIUM FABRICATION.
209 IRISHTOWN ROAD MOB: 0417 507 239 6372 2991
GRANT FAULKNER (CALTEX ST MARYS) 6372 2335

MUSEUM
CRANKS & TINKERERS (IAN) 0417 648845
(MAIN ST ST MARYS)

NEWSAGENCY
ST MARYS NEWSAGENCY 6372 2143
(STORY ST ST MARYS)

NEET CENTRE (ST MARYS) 6372 2175

ONLINE ACCESS CENTRE
ST MARYS ONLINE CENTRE 6372 2005

OP-SHOP (MAIN ST ST MARYS) 6372 2851

ORGANIC VEGETABLES
JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034

PACING CLUB
ERIC BEAN SEC. 6372 2136

PAINTERS
EAST COAST MOBILE SPRAY PAINT 6372 5571
(0457 583 099)
MLN ENTERPRISE PAINTING 0439 722 718

PHARMACY
ST MARYS PHARMACY 6372 2844
(MAIN ST ST MARYS)

PLUMBERS
P J & H K CHILD 6372 5378
R G & R I HARWOOD 6372 2445

PROOF READER
LEISSA DANE 6372 2686

REALTORS
SURF COAST REALTY 6372 5321

RESTAURANTS/CAFES
COACH HOUSE RESTAURANT 6372 2529
ESCAPE WILDERNESS CAFÉ 6372 2444
MT ELEPHANT PANCAKE BARN 6372 2263
PURPLE POSSUM WHOLE FOODS 6372 2655

SECONDHAND DEALERS & COLLECTABLES
SECONDHAND ROSE (AH) 6372 2267

SEPTIC TANK CLEANERS
SPLASH ST MARYS 0488 777 713

SCHOOLS
ST MARYS DISTRICT HIGH SCHOOL 6372 3900
(GRAY ROAD ST MARYS)

SUPERMARKET
ST MARYS IGA (MAIN ST ST MARYS) 6372 2240
BUTCHERY INSTORE 6372 2274

SURFING SUPPLIES
SCAMANDER BEACH SURF SHOP 6372 5529
(6 LAGOON ESPLANADE SCAMANDER)
BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755

TELEPHONE, DATA & TV
EAST COAST PHONE & COMMUNICATIONS
(JOHN HERON) (DIGITAL TV & SET TOP BOXES)
0409 959 121 6372 2402
DELAFRONTERA (DAVE MORRIS) INSTALLATION & SERVICE TECHNICHIAN MOB: 0402 969 393

SURVEYORS
EAST COAST SURVEYING (ST HELENS) 6376 1972

VALLEY VOICE PUBLICATIONS
ACCOUNTS 6372 2328
ADVERTISING 6372 2155
(judith.spilsbury@telair.com.au)

WATER CARRIERS
SPLASH ST MARYS 0488 777 713

WOODWORK GUILD
OLD RAILWAY GOODS SHED (ST MARYS) 6372 2094

WIDE SPAN SHEDS 6372 2724

YOUTH HOSTEL
SEAVIEW FARM (GERMANTOWN) 6372 2341

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

- **Dr Latt** 18/10/12— 3/11/12
- **Dr E. Reeckman** 2/11/12
  Women's Health Clinic
- **Public Holiday** 5/11/2012
  No Doctor's surgery on this day normal surgery hours will resume on 6/11/12.

For appointments phone: 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly. ***PLEASE BE PATIENT*** waiting periods can apply to see the doctor.

Please speak to our reception staff about ordering scripts over the phone– as fees apply. Script are unable to be done over the weekends, ensure you have enough medications in advance.

St Marys Community Health Centre GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am– Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm– Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm– Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 2 week in advance as of 18/10/12

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt– Call an Ambulance 000
Thank you for your cooperation

PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

CONTRACEPTION PACKS

Free contraception packs are available to the public at the St Marys Health Centre. Please ask at Reception or the Nurses Station as they are no longer available on a help yourself basis.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

ORAL HEALTH SERVICES

The mobile Dental Van will be operating from the rear of the St Marys Health Centre (Ambulance Bay Area) until December 2012.

This van provides Oral Health Services to both children and adults. Please make appointments by phoning the:

Northern Dental Centre on 6336 4100
Between 8:30am– 5:00pm Monday to Friday

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111
Please RING before presenting after hours

PODIATRY NORTH

Community Podiatry Service– *FREE*
At the St Marys Community Health Centre

Please see your Health Professional for a referral or call Podiatry North for appointments direct on: 6331 5155.

Next session: Wednesday 7 November 2012

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

18 Oct

Relationships Australia– Leanne McMurtie for appointments please phone1300 364 277

Social Worker– Shan Williams. Please phone 6372 2111 for appointments

19 Oct

TML Psychologist. For appointments please see your GP for a referral

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

22 Oct

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

23 Oct

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

24 Oct

Day Centre– For details on the group please contact Hayley Gilbert 6372 2111

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

TML Psychologist. For appointments please see your GP for a referral.

25 Oct

Social Worker– Shan Williams. Please phone 6372 2111 for appointments

GP Podiatrist– Annabel. Please see your GP for a referral

26 Oct

TML Psychologist. For appointments please see your GP for a referral

Social Worker– Shan Williams appointments available by phoning 6372 2111

WHAT'S ON AT THE CENTRE Continued...

29 Oct

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Audio Clinic- For appointments please ring 6334 1466

30 Oct

Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

31 Oct

Day Centre– For details on the group please contact Hayley Gilbert 6372 2111

TML Psychologist. For appointments please see your GP for a referral

Social Worker– Shan Williams appointments available by phoning 6372 2111

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

1 Nov

Relationships Australia– Leanne McMurtie for appointments please phone1300 364 277

Social Work– Shan Williams. Please phone 6372 2111 for appointments

2 Nov

TML Psychologist. For appointments please see your GP for a referral

Social Worker– Shan Williams appointments available by phoning 6372 2111

MONDAY 5 NOVEMBER– PUBLIC HOLIDAY

Please note that **GP North** has changed their name to **Tasmanian Medicare Local**. Same services but different name only.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

MEALS ON WHEELS ROSTER

Oct/Nov		St Marys	Fingal
Monday	22nd	Lorraine Gill	Neighbourhood House
Tuesday	23rd	Lundy Vosper	
Wednesday	24th	Barbara McAllister	
Thursday	25th	Ruth Aulich	
Friday	26th	Drew Adam	Neighbourhood House
MOW Contact		Phone:	0488 384 344
Monday	29th	Pam Lynch	Neighbourhood House
Tuesday	30th	Lundy Vosper	
Wednesday	31st	Pam Bretz	
Thursday	1st	Heather Griffiths	
Friday	2nd	Claire Bean	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq:
Baptisms & Weddings
Sr Lorraine
Ph: 6372 2252

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

8am St Helens
10am St Marys
10.30am St Helens
4th Sunday Kids Church
Pyengana, 2pm
3rd Saturday of each month – Community Dinner @ St Marys

Salvation Army

TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099
SUNDAY JOY 12.30pm
this is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our **JOY!**
Ph:0409 838 816.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens **9.00 am**
Fingal **11.15 am**

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School **10 am**
Divine Service **11 am**

Contacts for Valley Voice

PH: Judy: 6372 2155
email: *judith.spilsbury@telair.com.au*
Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2012
Classifieds: **25 words or less: free**
Community notices **: free.**
Small boxed ads. Garage sales. Greetings. Thanks etc. **$12.**
¼ page **$20.** ½ page **$30.**
Full page **$50.**
1 year posted subscription **$40.**
Copy of guidelines available on request.

On Air Now!

Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

The Breakfast program is now hosted by Matt and Karen on weekdays.
There are now over 500 stations Australia wide.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm
Tuesday 10 am-4pm
Wednesday 10am-4 pm

Thursday 10 am – 3 pm
Friday 10 am – 3 pm
Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

SUMMER OPENING HOURS:

MON TO FRI. 10AM — 4PM

ST MARYS MARKET SATURDAY 10AM—2PM

From October 1st.

As volunteers are available - always looking for NEW volunteers.

Contact Janet Drummond on 0404 562 032 or call in to the shop for a chat on a Friday.

Sports & Social Club News.

News Flash: There has been much deliberation about the drop in membership over the last 10 years or so and the current committee has taken the bit between the teeth and decided that we can't continue to charge more for our fees as numbers decline. So, drastic measures have been taken. All fees have been slashed dramatically to allow for old and new members to join the club without being charged exorbitant fees. A list and explanation of these fees can be seen in this issue. If you have already paid your subs, don't panic, there is a refund available. We think that it is only fair that if we want to attract any new members to the club, we take every step available without breaking their banks.

Golf: We kicked off our junior golf competition last weekend and although we had a few players on the day, we can only look forward to bigger and better things to come. Winners were Jamie & Jacob Viney from Beth, Jamie & Tyson Haas with Brent, Jordan (Tiger) & Macca a close third. Everyone enjoyed a hit and BBQ afterwards and we will make this a fortnightly event the next on Sunday 28th October commencing at 2:30pm.

This Sunday the 21st sees the re-vamped golf competition commence at 10:00am with an 18 holes stroke event. We think that if your club can reduce the fees so drastically to make it affordable for everyone, the least we can expect is for people to simply turn up and have a hit. We already have a commitment from several regulars of the club and to say that everyone's attendance is vital is an understatement. No longer are we going to plead with people to play golf through these pages, it is a simple question of whether or not you want the course to survive and reward the people who look after it.

Sunday the 4th of November sees our popular Reverse Course competition, sponsored by R & A Donald and L & K Spilsbury. A four person ambrose event and as much fun as you can have standing up. Pencil it in and turn up for a great day.

Bowls: The season finally got off to a start last weekend, where we saw a depleted division one side travel to St.Helens. On the fast synthetic rink, we were no match for the home team, eventually going down on all three rinks. Thanks to all those that committed to the game, and we are sure that better results are around the corner when we get back on the "grass". Training is a must, so on Thursday nights, get along and have a roll and put your name in front of the selectors. These nights are open to regular and any new bowlers, commencing at 5:30pm and if there is enough interest we will soon be running barefoot bowls on Friday nights.

Fundraising: Don't forget the Great Aussie Bush Tucker Night at the club this Saturday the 20th October, see menu this issue, if you can make it please contact the numbers listed and book yourself a seat. We ask that you do this to make it easy for catering. Also see this issue, the advertisement for the Melbourne Cup Luncheon, whether it goes ahead will depend on bookings over the next couple of weeks.

38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon – Fri 8am – 6pm
Sat 8am - 12 noon Sun - closed

This week's specials.
(available from Thurs 18th Oct -Wed 24th Oct)

from the butchery

Legs of lamb	$ 9.99kg
Marion Bay free range drumsticks	$ 5.45kg
Mince	$ 9.99kg
Forequarter lamb chops	$ 8.99kg

from the shelves

Nestle Milo 750g	$7.99
Bushells teacup teabags 100s	$2.99
Goulburn Valley peaches twin 1kg	$6.99
My Dog canned dog food 400g	$1.55
Cadbury share packs 160/240g	$2.99

all only $1.99

Black & Gold bread 680g
Thick 'n' Thirsty paper towel 2pk
Tassie quench cordial 2ltr
Arnotts chocolate TimTam/Slice/Royals 150/200g

next week's specials
(available from Thurs 25th Oct - Wed 31stOct)

from the butchery

Rump steak	$ 9.99kg
Mince	$ 8.99kg
Beef stir fry strips	$13.99kg
Ingham gourmet chicken portions	$ 5.59kg

from the shelves

Pears shampoo/conditioner 400ml	$1.69
Tas Taste flour 2kg	$1.99
Arnotts choc TV snacks/Teddy/Wagon wheel	$1.99
Chum canned dog food	.99c

from the freezer/coolroom

Kraft block cheese 1kg	$7.99
Kraft cheese slices singles 410/500g	$3.99
Pampas pastry 1kg	$4.99
McCain peas 500g	$1.79

Happy Hour

ST MARYS SPORTS CENTRE INC.
Every Friday – 6.30 - 7.30pm
drinks at discounted prices
Ph: 6372 2177

0 609722 951852

PRINTED AND PUBLISHED BY VALLEY VOICE PUBLICATIONS ST MARYS TASMANIA 7215.